

# Resources for Families on Parent-Child Communication

## From Research to Practice

This document provides a selected list of resources and materials to help parents begin talking with their children about sex. Resources are arranged under: 1) Web sites for parents, 2) Web sites for young people, 3) books and videos, and 4) organizations. Within each category, entries are listed in alphabetical order by organization or title. All the print materials can be ordered from local bookstores or via Advocates' Web site at <http://www.advocatesforyouth.org/parents/resources.htm>.

### Recommended Web Sites for Parents

- Families Are Talking—<http://www.familiesaretalking.org>
- Parents' Sex Ed Center—<http://www.advocatesforyouth.org/parents/>
- ParentSoup.com—<http://www.parentsoup.com>
- ParentsPlace.com—<http://www.parentsplace.com>
- Talking with Kids about Tough Issues—<http://www.talkingwithkids.org>

### Recommended Web Sites for Young People

- Ambiente Joven—<http://www.ambientejoven.org>
- Birds and Bees—<http://www.birdsandbees.org>
- The Body—<http://www.thebody.com>
- Go Ask Alice!—<http://www.goaskalice.columbia.edu>
- I Wanna Know—<http://www.iwannaknow.org>
- My Sistahs—<http://www.mysistahs.org>
- My Voice Counts! Youth Action Center—<http://www.advocatesforyouth.org/youth/>
- OutProud—<http://www.outproud.org>
- Sex, Etc.—<http://www.sxetc.org>
- Sex Talk—<http://www.sextalk.org>
- Teenwire—<http://www.teenwire.com>
- Youth Resource—<http://www.youthresource.com>

### Recommended Books

***All About Sex: A Family Resource on Sex and Sexuality***

Ronald Filiberti Moglia & Jon Knowles  
Three Rivers Press, 1997  
ISBN: 0609801465

***Bellybuttons Are Navels***

Mark Schoen  
Prometheus Books, 1992  
ISBN: 0879755857

***Beyond the Big Talk: Every Parent's Guide to Raising Sexually Healthy Teens from Middle School to High School and Beyond***

Debra Haffner  
New Market Press, 2002  
ISBN: 1557045178

***Caution: Do Not Open Until Puberty! An Introduction to Sexuality for Young Adults with Disabilities***

Rick Enright  
Devinjer House, 1995  
ISBN: 0968041507

***Did the Sun Shine Before You Were Born? A Sex Education Primer***

Sol & Judith Gordon  
Aperture, 1974  
ISBN: 0893881791

***The Family Guide to Sex and Relationships***

Richard Walker  
Macmillan Publishing USA, 1996  
ISBN: 002861433X

***Flight of the Stork: What Children Think (and When) About Sex and Family Building***

Anne C. Berstein  
Perspective Press, 1996  
ISBN: 0944934099

***From Diapers to Dating: A Parent's Guide to Raising Sexually Healthy Children***

Debra W. Haffner  
Newmarket Press, 2000  
ISBN: 1557044260

***The Go Ask Alice Book of Answers: A Guide to Good Physical, Sexual, and Emotional Health***

Columbia University's Health Education Program  
Henry Holt & Company, Incorporated, 1998  
ISBN: 0805055703

***Happy Birth Day!***

Robie Harris  
Candlewick Press, 2002  
ISBN: 0763609749

***"But How'd I Get in There in the First Place?": Talking to Your Young Child about Sex***

Deborah Roffman  
Perseus Press, 2002  
ISBN: 0738205729

***How Can You Tell if You're Really in Love?***

Sol Gordon  
Adams Media Corporation, 2001  
ISBN: 1580624723

***How to Talk to Your Children about AIDS***

SIECUS, 1994  
www.siecus.org

***How You Were Born***

Joanna Cole  
Morrow, William & Co., 1994  
ISBN: 068812061X

***It's Perfectly Normal: Growing Up, Changing Bodies, Sex and Sexual Health***

Robie Harris  
Candlewick Press, 1996  
ISBN: 1564021599

***It's So Amazing: A Book about Eggs, Sperm, Birth, Babies & Families***

Robie Harris  
Candlewick Press, 2002  
ISBN: 0763613215

***Lesbian and Gay Youth: Care and Counseling***

Donna Futterman & Caitlin Ryan  
Columbia University Press, 1998  
ISBN: 0231111916

***My Body, My Self for Boys: The What's Happening to My Body? Workbook***

Lynda Madaras & Area Madaras  
Newmarket Press, 2000  
ISBN: 1557044406

***My Body, My Self For Girls: The What's Happening to My Body? Workbook***

Lynda Madaras & Area Madaras  
Newmarket Press, 2000  
ISBN: 1557044414

***Now What Do I Do?***

Robert Selverstone  
SIECUS, 1996  
www.siecus.org

***Out With It: Gay and Straight Teens Write about Homosexuality***

Paul Fell Cartoons, 1996  
ISBN: 0966125606

***Period***

JoAnn Loulan, Bonnie Lopez & Bonnie Worthen  
Book Peddlers, 2001  
ISBN: 0916773965

***Raising a Child Responsibly in a Sexually Permissive World***

Sol Gordon & Judith Gordon  
Adams Media Corporation, 1999  
ISBN: 1580621775

***Raising Sexually Healthy Children: A Loving Guide for Parents, Teachers and Care-Givers***

Lynn Leight  
Morrow, William & Co, 1990  
ISBN: 0380708574

***Sex and Sensibility: The Thinking Parent's Guide to Talking Sense about Sex***

Deborah Roffman  
Perseus Press, 2001  
ISBN: 0738205206

***The Sex Education Dictionary for Teens and Preteens***

Dean Hoch & Nancy Hoch  
Landmark Publishing, 1990  
ISBN: 0962420905

***Sex Stuff for Kids 7-17***

Carole Marsh

Gallopade Publishing Group, 1997

ISBN: 0793368901

***Sexual Development of Young Children***

Virginia Lively & Edwin Lively

Delmar Thomson Learning, 1991

ISBN: 0827341989

***Ten Talks Parents Must Have with Their Children about Sex and Character***

Pepper Schwartz & Dominic Cappello

Hyperion Press, 2000

ISBN: 0786885483

***Two Teenagers in Twenty: Writings by Gay & Lesbian Youth***

Ann Heron

Alyson Publications, 1995

ISBN: 1555832822

***What's Happening to My Body? Book for Boys: A Growing-up Guide for Parents and Sons***

Lynda Madaras

Newmarket Press, 2000

ISBN: 1557044430

***What's Happening to My Body? Book for Girls: A Growing-up Guide for Parents and Daughters***

Lynda Madaras

Newmarket Press, 2000

ISBN: 1557044449

***What's the Big Secret?: Talking About Sex with Boys and Girls***

Laurie Krasoy Brown

Little, Brown and Company, 2000

ISBN: 0316101834

***When Living Hurts: A Lively What-to-Do Book for Yourself or Someone You Care about Who Feels Discouraged, Sad, Lonely, Hopeless, Angry or Frustrated, Unhappy or Bored, Depressed, Suicidal : For Teenagers and Young Adults***

Sol Gordon

Union of American Hebrew Congregations, 1994

ISBN: 0807405011

***When Sex is the Subject: Attitudes and Answers for Young Children***

Pamela Wilson

ETR Associates, 1991

ISBN: 1560710640

***Words Can Work: When Talking with Kids about Sexual Health***

Jeanne Blake

Family Health Productions, Inc., 2004

ISBN: 097531470X

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## Recommended Videos\*

***In Our Own Words: Teens and AIDS***

Family Health Productions, Inc., 1995

Boston, MA

***The Power of Girls: Inside and Out***

Family Health Productions, Inc., 2003

Boston, MA

***Raising Healthy Kids: Families Talk About Sexual Health***

Family Health Productions, Inc., 1997

Boston, MA

***Talking About Sex: A Guide for Families***

Planned Parenthood Federation of America, 1996

New York, NY

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## Recommended Organizations

**Advocates for Youth**

2000 M Street NW, Suite 750

Washington, DC 20036

Phone: 202.419.3420

Web: <http://www.advocatesforyouth.org>

**American Academy of Pediatrics**

141 Northwest Point Boulevard

Elk Grove Village, IL 60007

Phone: 847.228.5005

Web: <http://www.aap.org>

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\*See the list of recommended organizations for address information to order videos.

**American Association for Health Education**

1900 Association Drive  
Reston, VA 20191-1598  
Phone: 703.476.3400  
http://www.aahperd.org/aahe/

**American Association of Sex Educators,  
Counselors & Therapists**

PO Box 1960  
Ashland, VA 23005-1960  
Phone: 804.752.0026  
Web: http://www.aasect.org

**American College of Obstetricians & Gynecologists**

409 12th Street SW  
Washington, DC 20024-2188  
Phone: 202.638.5577  
Web: http://www.acog.org

**American Medical Association**

515 N. State Street  
Chicago, IL 60610  
Phone: 312.464.5315  
Web: http://www.ama-assn.org

**American Red Cross, Health & Safety Services**

8111 Gatehouse Road, 6th Floor  
Falls Church, VA 22042  
Phone: 703.206.7421  
Web: http://www.redcross.org/services/hss/

**American School Health Association**

P.O. Box 708  
Kent, OH 44240  
Phone: 330.678.1601  
Web: http://www.ashaweb.org

**Children's Defense Fund**

25 E Street NW  
Washington, DC 20001  
Phone: 202.628.8787  
http://www.childrensdefense.org

**CDC National Prevention Information Network**

P.O. Box 6003  
Rockville, MD 20849-6003  
Phone: 1.800.458.523  
Web: http://www.cdcnpin.org

**Family Health Productions**

PO Box 1639  
Gloucester, MA 01930  
Phone 978.282.9970  
Web: http://www.abouthhealth.com

**Girls Incorporated**

120 Wall Street  
New York, NY 10005  
Phone: 212.509.2000  
Web: http://www.girlsinc.org

**National Council of La Raza**

1111 19th Street NW, Suite 1000  
Washington, DC 20009-6207  
Phone: 202.785.1670  
Web: http://www.nclr.org

**National Education Association Health Information Network**

1201 16th Street NW  
Washington, DC 20036  
Phone: 202.822.7570  
Web: http://www.neahin.org

**National PTA**

330 N. Wabash Avenue, Suite 2100  
Chicago, IL 60611  
Phone: 312.670.6782  
Web: http://www.pta.org

**Planned Parenthood Federation of America**

810 Seventh Avenue  
New York, NY 10019  
Phone: 212.541.7800  
Web: http://www.plannedparenthood.org/

**Search Institute**

700 South Third Street, Suite 210  
Minneapolis, MN 55415  
Phone: 612.376.8955  
Web: http://www.search-institute.org

**Sexuality Information & Education Council of the U.S.  
(SIECUS)**

130 West 42nd Street, Suite 350  
New York, NY 10036-7802  
Phone: 212.819.9770  
Web: http://www.siecus.org

**YWCA of the U.S.A.**

350 Fifth Avenue  
New York, NY 10118  
Phone: 212.273.7800  
Web: http://www.ywca.org



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