Resource Guide for Sex Educators

Basic Resources that Every Sex Educator Needs to Know About

By
Barbara Huberman, RN, BSN, MEd

Contributors
Kris Bumpus
Jaret Fishman
Christa Harding
Wrenn Levenberg
Ritu Riyat
Advocates for Youth

James Wagoner, President
2000 M Street NW, Suite 750
Washington, DC 20036
www.advocatesforyouth.org
Phone: 202.419.3420
Fax: 202.419.1448
E-mail: info@advocatesforyouth.org

Who We Are
Established in 1980 as the Center for Population Options, Advocates for Youth champions efforts to help young people make informed and responsible decisions about their reproductive and sexual health. Advocates believes it can best serve the field by boldly advocating for a more positive and realistic approach to adolescent sexual health.

What We Believe
Advocates for Youth envisions a society that views sexuality as normal and healthy and treats young people as a valuable resource.

The core values of Rights, Respect, Responsibility® (3Rs) animate this vision—

- **Rights**: Youth have *rights* to accurate and complete sexual health information, confidential reproductive and sexual health services, and a secure stake in the future.

- **Respect**: Youth deserve *respect*. Today, young people are largely perceived as part of the problem. Valuing young people means they are part of the solution and are included in developing programs and policies that affect their well-being.

- **Responsibility**: Society has the *responsibility* to provide young people with the tools they need to safeguard their sexual health, and young people have the responsibility to protect themselves from too-early childbearing and sexually transmitted infections (STIs), including HIV.
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Introduction

Whether you are someone new to the field of sex education, trying to start a library or resource center on adolescent sexual health, or an old pro, the following guide should give you a basic orientation to what’s available to support your work. These resources are important to advancing positive attitudes toward adolescent sexual health and I hope they will be useful to you. The guide is by no means a total listing, but the resources are those that I most frequently use or give to others. Please let me know about resources you would recommend for a future edition.

Barbara Huberman, RN, BSN, MEd

October 2002
I. Reports on Adolescent Sexual Behavior, Statistics and Sexuality Education

THE BEST INTENTIONS: UNINTENDED PREGNANCY AND THE WELL-BEING OF CHILDREN AND FAMILIES

Committee on Unintended Pregnancy, Institute of Medicine, Division of Health Promotion and Disease Prevention

The Committee on Unintended Pregnancy offers a list of recommendations used in its Campaign to Reduce Unintended Pregnancy, including improving contraceptive and reproductive health knowledge, increasing access to contraception, and developing local programs to reduce unintended pregnancy. The summary includes consequences of unintended pregnancy, definition of the term unintended, and the relationship between unintended pregnancy and contraceptive use.

National Academy Press
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E-mail: zjones@nas.edu
Web site: http://www.nap.edu
Cost: $59.40

BETWEEN THE LINES: STATES’ IMPLEMENTATION OF THE FEDERAL GOVERNMENT’S SECTION 510(B) ABSTINENCE EDUCATION PROGRAM IN FISCAL YEAR 1998

SIECUS, 1999; 174 pp.

This report reviews the debates around implementation issues for state programs, and combines those debates with SIECUS’ own findings of states’ decisions regarding implementation of abstinence-only-until-marriage programs. The report gives state-by-state summaries of the information available on the Section 510(b) program.

Sexuality Information and Education Council of the United States
130 West 42nd Street, Suite 350
New York, NY 10036-7802
Phone: (212) 819-9770, Fax: (212) 819-9776
E-mail: siecus@siecus.org
Web site: http://www.siecus.org
Cost: Download from Web site at no cost

BUILDING THE IDEAL COMMUNITY OR YOUTH PROGRAM: AN EXPERT PANEL RATES THE KEY CHARACTERISTICS FOR REDUCING TEEN PREGNANCY

The National Campaign to Prevent Teen Pregnancy, 2000

This study, based on a survey of 99 professionals, identifies desirable characteristics of community-based and youth-focused programs educational programs.

The National Campaign to Prevent Teen Pregnancy
1776 Massachusetts Avenue NW, Suite 200
Washington, DC 20036
Phone: (202) 478-8500, Press Inquiries: (202) 478-8566
E-mail: campaign@teenpregnancy.org
Web site: http://www.teenpregnancy.org
Cost: $5.00

EMERGING ANSWERS: RESEARCH FINDINGS ON PROGRAMS TO REDUCE TEEN PREGNANCY

Douglas Kirby, 2001

This report offers the latest information on effective and ineffective programs in teen pregnancy prevention. Kirby reviews research on a wide range of programs, including curriculum-based sex education and abstinence-only programs for teens and pre-teens, sex education for parents, contraceptive and family planning clinics and programs, early childhood programs, youth development and service learning programs, and community-based, multiple-component initiatives. [This publication updates No Easy Answers, also by Kirby, 1997.]
EUROPEAN APPROACHES TO ADOLESCENT SEXUAL BEHAVIOR & RESPONSIBILITY

*Advocates for Youth, 1999, 75 pp.*

This monograph examines the roles of family, media, community, public policy, sex education, and health care in promoting safer sexual behavior in teens in the Netherlands, Germany, and France. It also includes a two-page “Call to Action” outlining the need for a new national dialogue on adolescent sexual health, focusing on respect, rights, responsibility, and research! This report also discusses major sexual health differences between teens in the United States and in these European countries.

EVALUATING ABSTINENCE-ONLY INTERVENTIONS


This report contains a set of recommendations to the federal government regarding evaluation of abstinence-only programs that are funded under Section 510(b) of the Welfare Reform Act. It also summarizes a meeting of experts about some of the special methodological and political challenges involved in evaluating abstinence-only programs in general.

FACING FACTS: SEXUAL HEALTH FOR AMERICA’S ADOLESCENTS. THE REPORT OF THE NATIONAL COMMISSION ON ADOLESCENT SEXUAL HEALTH

*Debra W. Haffner, editor, 1995, 32 pp.*

Written primarily to help national, state, and local policy makers develop sound policies on adolescent sexual health, this report summarizes the deliberations, findings, and recommendations of the National Commission on Adolescent Sexual Health. Convened in 1994, the Commission believes there is an urgent need for a new approach to adolescent sexual health.
FACT SHEETS

*Advocates for Youth, 1998 to the present*

Advocates’ popular series of two-page fact sheets covers essential statistics, emerging trends, and resources in a concise and easy-to-use format. Topics include: Adolescent Contraceptive Use; Adolescent Pregnancy and Childbearing; Adolescent Reproductive Health in Nigeria; Adolescent Sexual & Reproductive Health in Sub-Saharan Africa; Adolescent Sexual Behavior I: Demographics; Adolescent Behavior II: Socio-Psychological Factors; Adolescent Sexual Health in Europe and the U.S.—Why the Difference*; Adolescents and Abortion; Adolescents and Abstinence; Adolescents, HIV/AIDS and Other STDs; Dating Violence among Adolescents; Emergency Contraceptive Pills—An Important Option for Teens*; The HIV/AIDS Pandemic among Youth in Sub-Saharan Africa; The Impact of Early Pregnancy and Childbearing on Adolescent Mothers & Their Children in Latin America & the Caribbean; Parent-Child Communication, Promoting Health Youth*; The Reproductive & Sexual Health of Jamaican Youth; School Condom Availability; Sexual Abuse & Violence in Sub-Saharan Africa; Sexuality Education Curricula and Programs*; Young Women of Color & the HIV Epidemic; and Young Men Who Have Sex With Men: At Risk for HIV and STD.

FAMILIES MATTER: A RESEARCH SYNTHESIS OF FAMILY INFLUENCES ON ADOLESCENT PREGNANCY

*Brent C. Miller, 1998, 55 pp.*

This report emphasizes that good parent/child communication and connectedness are crucial in positively influencing adolescents’ sexual attitudes and behaviors. Miller stresses the role parents play in reducing their teens’ risk of involvement in pregnancy and addresses biological and hereditary influences on adolescent sexual behavior.

THE HIDDEN EPIDEMIC: CONFRONTING SEXUALLY TRANSMITTED DISEASES

*Committee on Prevention and Control of Sexually Transmitted Diseases, Institute of Medicine, Division of Health Promotion and Disease Prevention


This monograph discusses the need for an effective national system to successfully aid in the prevention of STDs and discussed current existing services, as well as the broad impact of STDs, both physically and economically, on society. It also addresses prevention and factors that contribute to STDs.

ISSUES AT A GLANCE

*Advocates for Youth, 1998 to the present*

This easy-to-read series explores current topics in adolescent health. Titles include: Adolescent Access to Confidential Health Services; Adolescent Sexual Health and the Dynamics of Oppression; Components of Promising Peer Led Sexual
Health Programs; HIV/STD Prevention & Young Men Who Have Sex With Men; Life Skills Approaches to Improving Youth’s Sexual & Reproductive Health; Teens & Emergency Contraceptive Pills: Issues for Health Care Providers & Educators; Young Women of Color & Their Risk for HIV/STD; Young Women Who Have Sex with Women: Falling through Cracks for Health Care; Youth Development: Strengthening Prevention Strategies; and Youth Involvement in Prevention Programming.

Advocates for Youth
2000 M Street NW, Suite 750
Washington, DC 20036
Phone: (202) 419-3420, Fax: (202) 419-1448
E-mail: info@advocatesforyouth.org
Web site: http://www.advocatesforyouth.org
Cost: $2.00 (Individual Titles), $20.00 (Set of all 11 Titles)

MINING THE "SILVER STANDARD:" EVALUATING COMMUNITY PROGRAMS TO PREVENT TEEN PREGNANCY

The National Campaign to Prevent Teen Pregnancy, 2001

This paper describes the three complementary types of evaluation that provide a "silver standard" for adequate assessment of community programs.

The National Campaign to Prevent Teen Pregnancy
1776 Massachusetts Avenue NW, Suite 200
Washington, DC 20036
Phone: (202) 478-8500, Press Inquiries: (202) 478-8566
E-mail: campaign@teenpregnancy.org
Web site: http://www.teenpregnancy.org
Cost: $5.00

NO EASY ANSWERS: RESEARCH FINDINGS ON PROGRAMS TO REDUCE TEEN PREGNANCY


Kirby addresses adolescent risk-taking behaviors and examines the consequences of those behaviors. The report looks carefully at different programs designed to provide sex education and reduce adolescent risk-taking behavior. Kirby examines the effectiveness of abstinence-only programs, and of sexuality/HIV education programs covering abstinence and contraception. The report lists criteria for what works in sex education to reduce teen pregnancy and risk-taking behavior. Tables provide research data.

The National Campaign to Prevent Teen Pregnancy
1776 Massachusetts Avenue NW, Suite 200
Washington, DC 20036
Phone: (202) 478-8500, Press Inquiries: (202) 478-8566
E-mail: campaign@teenpregnancy.org
Web site: http://www.teenpregnancy.org
Cost: $10.00 (Report), Free (Single Copy of Summary) available for online reading and printout at http://www.teenpregnancy.org/fmnoeasy.htm.

PEER POTENTIAL: MAKING THE MOST OF HOW TEENS INFLUENCE EACH OTHER


Looking at peers influence on adolescents’ decisions to have sexual intercourse, this report finds that “peer pressure” is just one peer influence on teens. Much of peer influence can be positive according to the authors, and the leading or “in” crowd is less influential than most people think. The report gives suggestion for both parents and programs in recognizing the positive effects of peer influence.

The National Campaign to Prevent Teen Pregnancy
1776 Massachusetts Avenue NW, Suite 200
Washington, DC 20036
Phone: (202) 478-8500, Press Inquiries: (202) 478-8566
E-mail: campaign@teenpregnancy.org
Web site: http://www.teenpregnancy.org
Cost: $15.00

www.advocatesforyouth.org
POWER IN NUMBERS: PEER EFFECTS ON ADOLESCENT GIRLS' SEXUAL DEBUT AND PREGNANCY


This report provides extensive analysis of data from a large national survey of U.S. adolescent women on the effects of peer influence on the timing of first sexual intercourse and on young women’s pregnancy risk. The surprising findings greatly contribute to the understanding of exactly how peer influence works. [The findings also form the basis of Chapter 1 of another Campaign publication, Peer Potential: Making the Most of How Teens Influence Each Other.]

The National Campaign to Prevent Teen Pregnancy
1776 Massachusetts Avenue NW, Suite 200
Washington, DC 20036
Phone: (202) 478-8500, Press Inquiries: (202) 478-8566
E-mail: campaign@teenpregnancy.org
Web site: http://www.teenpregnancy.org
Cost: $15.00

PROTECTION AS PREVENTION: CONTRACEPTION FOR SEXUALLY ACTIVE TEENS

Claire Brindis, Susan Pagliaro, Laura Davis, 2000, 35 pp.

Addressing the issue of high teen pregnancy rates, this report reviews patterns of contraceptive use, misuse, and nonuse among sexually active teens and identifies key factors related to contraceptive use, such as knowledge, skills, motivation, and contraceptive availability. The authors also consider media and public attitudes toward teenage sexual activity and discuss the settings in which teens receive contraceptive information and services, including family planning clinics and schools.

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1776 Massachusetts Avenue NW, Suite 200
Washington, DC 20036
Phone: (202) 478-8500, Press Inquiries: (202) 478-8566
E-mail: campaign@teenpregnancy.org
Web site: http://www.teenpregnancy.org
Cost: $5.00

A STATISTICAL PORTRAIT OF ADOLESCENT SEX, CONTRACEPTION, AND CHILDBEARING


This paper is written in the belief that, in order to reduce teen pregnancy, the facts must be current and accurate. The report presents data in the form of graphs and tables from the 1995 National Survey of Family Growth (for females), and the 1995 National Survey of Adolescent Males. The data includes contraceptive use, sexual abstinence, number of partners, risk-taking behaviors among males, and how race/ethnicity and family structure affect age at first sexual intercourse.

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Cost: $15.00

TOWARD A SEXUALLY HEALTHY AMERICA: “ROADBLOCKS IMPOSED BY THE FEDERAL GOVERNMENT’S ABSTINENCE—ONLY—UNTIL MARRIAGE EDUCATION PROGRAM”

Advocates for Youth and SIECUS, 2001

This monograph looks at the history of abstinence-only-until-marriage education programs; definitions and comparisons in sex education; problems with abstinence-only-until-marriage programs; research supporting comprehensive sex education; support for comprehensive sex education by the public, professionals, and others; and advocacy actions to support comprehensive sex education.
TOWARDS A SEXUALLY HEALTHY AMERICA: “ABSTINENCE-ONLY-UNTIL-MARRIAGE PROGRAMS THAT TRY TO KEEP OUR YOUTH SCARED CHASTE.”

SIECUS, 2001

This booklet will help advocates, school boards, parents, and educators to choose sex education curricula wisely. SIECUS reviewed a number of fear and shame-based abstinence-only curricula and saw many common threads among them. Common thread include 1) presenting negative messages about sexuality; 2) scaring students through fear and shame; 3) distorting information about sexually transmitted diseases and HIV/AIDS; 4) misrepresenting the facts about condoms and contraception; 5) idealizing the lifestyle of marriage and family structure; 6) fostering myths and stereotypes about gender; 7) refusing to accept or acknowledge differences in sexual orientation; and 8) mandating decisions and limiting information about pregnancy options and abortion.

TRENDS IN SEXUAL ACTIVITY AND CONTRACEPTIVE USE AMONG TEENS

The National Campaign to Prevent Teen Pregnancy, 2000

Elizabeth Terry and Jennifer Manlove look at the latest data from three nationally representative surveys of female and male teens.

WHATEVER HAPPENED TO CHILDHOOD?


Using graphs and charts, this paper looks at the trends in rates of teen pregnancy, teen births, and non-marital births and discusses the possible reasons behind, and consequences of, these trends in teen pregnancy. The paper offers suggestions for reducing the number of teens who become pregnant each year, through national and community involvement.
WHERE ARE THE ADULTS? THE ATTITUDES OF PARENTS, TEACHERS, CLERGY, COACHES, AND YOUTH WORKERS ON TEEN PREGNANCY


This focus group report looks at problems facing adolescents, including violence, peer pressure, immaturity, and lack of value systems, and relates these problems to high U.S. rates of teen pregnancy. The report also discusses barriers to teen pregnancy prevention, such as parental inattention or lack of supervision, media influences on teens’ sexual health attitudes, and consistent/inconsistent messages. Finally, the report addresses prevention strategies.

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1776 Massachusetts Avenue NW, Suite 200
Washington, DC 20036
Phone: (202) 478-8500, Press Inquiries: (202) 478-8566
E-mail: campaign@teenpregnancy.org
Web site: http://www.teenpregnancy.org
Cost: $10.00

WHILE THE ADULTS ARE ARGUING THE TEENS ARE GETTING PREGNANT: OVERCOMING CONFLICT IN TEEN PREGNANCY PREVENTION


This report discusses the roles of religion, tradition, and values in prevention efforts, and addresses ways to move beyond conflict and into action. It provides a brief description of competing moral and religious views and the interaction between these views and the empirical evidence, in the debate over how to prevent teen pregnancy.

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Washington, DC 20036
Phone: (202) 478-8500, Press Inquiries: (202) 478-8566
E-mail: campaign@teenpregnancy.org
Web site: http://www.teenpregnancy.org
Cost: $10.00
II. Textbooks: General Sexuality and Sexuality Education

SEXUALITY EDUCATION ACROSS CULTURES: WORKING WITH DIFFERENCES
Irvine demonstrates how cultural differences can profoundly shape beliefs about what it means to be a man or a woman, and how these differences shape an individual’s sexual thoughts, feelings, and behaviors. The volume includes information on: 1) cultural approaches to sexual identity; 2) differing meanings of risk among cultures; 3) diverse perspectives of sexual speech; 4) understanding sexuality in the context of an individual’s social world; and 5) ways to develop culturally appropriate education.

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San Francisco, CA 94104
Phone: (415) 433-1740, Fax: (415) 433-0499
E-mail: webperson@jbp.com
Web site: http://www.josseybass.com
Cost: $37.00 Hardcover

SEXUALITY TODAY: THE HUMAN PERSPECTIVE, WITH MAKING THE GRADE CD
Kelly presents sexuality from a personalized perspective. Students use case studies to help them think through their options and values relating to the personal sexual decisions they will make throughout their lives. In order to help students personalize the course, Kelly provides questionnaires for students to use in evaluating their own behavior after each case. Not only covering the information necessary for any basic course in human sexuality, this also offers various points of view regarding current issues and controversies in the field. Kelly presents biological, sociological, and psychological perspectives of each topic. The end result of these efforts is a text that helps students to understand their own behavior and that takes the mystery out of sexuality. The new four-color design provides visually appealing art and transparencies.

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Web site: http://www.bookstore.mcgraw-hill.com
Cost: $55.95 + S/H

TEACHING ABOUT SEXUALITY AND HIV: PRINCIPLES AND METHODS FOR EFFECTIVE TEACHING
This text is for classroom teachers who address sexuality topics within a regular curriculum and for community health educators who specialize in teaching about sexual health, HIV prevention, or family planning as well as for those who teach about sexuality or HIV as a part of their job responsibilities (i.e., school nurses, childbirth and parenting educators, clinicians, counselors, trainers in sexuality topics, religious educators, teacher educators, and college professors of human sexuality). This book focuses on the how and why of effective sexuality and HIV education, rather than on the what. It reviews guiding principles, addresses concerns, and reviews specific teaching methods and their application to sexuality and HIV education. It is not content-based, nor is does it provide teaching activities.

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Cost: $55.00 Hardcover, $20.00 Paperback
III. Teaching Manuals / Guidelines for Sexuality Education

201 ICEBREAKERS, GROUP MIXERS, WARM UPS, ENERGIZERS, AND PLAYFUL ACTIVITIES: GREAT FOR TRAINERS, SPEAKERS, AND GROUP FACILITATORS

*Edie West, 1997, 424 pp.*

This excellent manual provides many creative, interactive exercises for groups.

The McGraw-Hill Bookstore
US/Canada orders: (800) 352-3566
Phone: (212) 512-4100, Fax: (212) 512-4100
E-mail: bookstore@mcgraw-hill.com
Web site: http://www.bookstore.mcgraw-hill.com
Cost: $39.95

ENERGIZERS AND ICEBREAKERS

*Elizabeth Foster Harrison, Ed.D., 1989, 168 pp.*

MORE ENERGIZERS AND ICEBREAKERS


WARM UPS & WIND DOWNS

*Sandra Peyser Hazouri, Miriam Smith McLaughlin, 1993, 144 pp.*

These volumes clearly and concisely present activities for beginning, energizing, and closing sessions with groups of all ages. Activities permit approaching each new group session with a freshness that will encourage productivity and creativity in classrooms, seminars, workshops, and small group settings. Activities prepare participants for the group experience, keep them excited about the learning process, and let them leave with a feeling of accomplishment. Activities range from three to 50 minutes, require little or no preparation, and appeal to every age group—small child to adult.

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Cost: $9.95 each

GAMES TRAINERS PLAY

*1980, 303 pp.*

MORE GAMES TRAINERS PLAY

*1983, 301 pp.*

STILL MORE GAMES TRAINERS PLAY

*1994, 311 pp.*

EVEN MORE GAMES TRAINERS PLAY

*1994, 300 pp.*

*John W. Newstrom, Edward E. Scannell*

These games add spark and excitement to high school and adult training sessions. Each book is packed with over 100 different field-tested games, activities, and exercises, taking 30 minutes or less and include games to develop leadership and communication skills, brainteasers that boost creativity, exercises that foster cooperation, and proven icebreakers.

Educational Media Corporation
PO Box 21311
4256 Central Avenue NE
GUIDELINES FOR COMPREHENSIVE SEXUAL EDUCATION: KINDERGARTEN TO 12TH GRADE


The guidelines reflect four primary goals of sexuality education: information; attitudes, values and insight; relationships and interpersonal skills; and responsibility. The Guidelines provides a framework for creating a new program or improving existing programs. It provides a starting point for local curriculum development and offers guidance on evaluating existing or proposed programs. Classroom teachers can use the Guidelines to provide a theoretical basis for daily programs. It can also be used in teacher preparation or in-service education. [This is also available for Hispanic/Latino youth (kindergarten-12th grade), adapted to reflect the cultural values and heritage of Hispanic/Latino families in the United States.]

LIFE PLANNING EDUCATION: A YOUTH DEVELOPMENT PROGRAM


First introduced in 1985, this resource manual was the first to integrate two major tasks of adolescents: preparing for the world beyond adolescence and dealing with sexual and reproductive development, feelings, and behaviors. Thousands of program leaders and teachers who used the earlier version in pregnancy prevention, health promotion, and vocational preparation programs report that the activities are easy to implement and that young people are enthusiastic about the material. Life Planning Education has also been used to guide other organizations in preparing training manuals for developing countries’ family life education programs. LPE includes activities to improve communication skills as well as a comprehensive chapter on HIV/AIDS prevention, plus updated information about STIs and contraceptives. The revised version also contains new chapters and activities on sex education, healthy relationships, violence prevention, health promotion, reducing sexual risks, community responsibility, job skills training, and self-esteem. The manual emphasizes experimental, interactive exercises, and provides resources for facilitators, including a complete implementation guide. A chapter on evaluation includes sample forms. The activities and exercises in the manual are geared toward students in grades 7 through 12. Advocates for Youth has also designed a Spanish-language version, Como Planear Mi Vida.

THE NEW POSITIVE IMAGES: TEACHING ABSTINENCE, CONTRACEPTION AND SEXUAL HEALTH


This manual, an updated version of one prepared in 1986, creates positive images of contraception and encourages people to use them to take control of their lives and future. Many organizations have utilized the skills-based strategy underlying this manual to create their own curricula. The New Positive Images does not purport to be a comprehensive sex education curriculum, but it addresses issues overlooked in many existing curricula, such as examining personal decisions about relationships and sexuality within historical, social, and ethical contexts. Each of the 27 lessons is designed for a 45-minute time slot. Lessons about contraception and sexual health can be presented in health classes or integrated into other
subjects, such as social studies, language arts, or biology. Each lesson includes information for the leader on objectives, rationale, and materials provided (worksheets, handouts) as well as a step-by-step guide to conducting the lesson successfully. Topics addressed in the lessons include sexuality through the life span, growing up in a sexually confusing society, encouraging communication about sexual behavior within the family, comparing adolescent sexual behavior in different countries, examining the reality that most “adolescent pregnancies” are fathered by adult men, putting contraception into romance, the emergency contraceptive pill, and condom comfort and condom talk. While the manual eschews the “just say no” approach, it presents the choice of abstinence from intercourse, or any other sexual behavior, as a viable alternative and an individual right at any time during any relationship. The target audience includes middle school, high school, and college-age groups.

The Center for Family Life Education
Planned Parenthood Association of Greater Northern New Jersey
Administrative Office
196 Speedwell Avenue
Morristown, NJ 07960
Phone: (973) 539-9580
E-mail: ppgnnj@eclipse.net
Web site: http://www.ppgnnj.org
Cost: $24.95 (Plus shipping & handling)

PRIME: REPRODUCTIVE HEALTH TRAINING FOR PRIMARY PROVIDERS: A SOURCEBOOK FOR CURRICULUM DEVELOPMENT
1997
Developed to help trainers integrate aspects of reproductive health (RH) into curricula, this resource is based on the principles of performance-based training—the knowledge, skills, and support a primary provider needs to meet on-the-job performance standards and to improve the quality of care provided to clients. The authors developed a module for each of six major service components that primary providers of RH services address—counseling and educating clients, family planning, maternal and newborn care, post-abortion services, and “selected reproductive health services.” While most of the book does not deal specifically with adolescents, Module 6 includes RH care relevant to different life stages, including adolescence. Five pages of this module outline the skills and knowledge necessary to “provide RH education, counseling, and care that are appropriate for adolescents.” The outline refers to and/or incorporates the knowledge and skills covered in a skills assessment tool from another module. Information on how to use the SourceBook to develop a performance-based RH curriculum is found in the first volume, the User’s Guide. Designed for trainers, faculty or professional schools, and curriculum developers.

INTRAH
1700 Airport Rd., Suite 300
Chapel Hill, North Carolina 27514
Phone: (919) 966-5636, Fax: (919) 966-6816
E-mail: intrah@intrah.org
Web site: http://www.intrah.org
The University of North Carolina at Chapel Hill
208 N. Columbia St., CB #8100
Chapel Hill, NC 27514
Phone: (919) 966-5636, Fax: (919) 966-6816
E-mail: intrah@med.unc.edu
Cost: Free

RIGHT FROM THE START: GUIDELINES FOR SEXUALITY ISSUES, BIRTH TO FIVE YEARS
RFS Guidelines provides a resource for caregivers in child care centers and preschools in laying a foundation for promoting young children’s sexual health. The RFS Guidelines presents sexual health issues in a carefully constructed, scoped, and sequenced approach to delivering comprehensive sex education. The three developmental levels addressed include infancy (birth to one year), toddlers and preschool aged children (one to four years), and older preschoolers (four through five years). Each level includes key messages. The RFS Guidelines addresses issues around implementing the program in a community, offering resources for administrators and caregivers.
TEENS EDUCATING TEENS: TEEN ADVOCATE TRAINING MANUAL

1998

This “teen advocate” training manual was prepared for professionals (educators, health personnel, social workers, etc.) who wish to implement a teen advocate/peer educator program within their school or agency. It presents a step-by-step guide for implementing such a program, based on a model used successfully by Planned Parenthood of Nassau County (PPNC). The manual is designed to train teens to address issues such as contraceptive care, STIs, and the serious implications of drug and alcohol abuse. Teens complete a 30-hour training course before they begin reaching out to peers within their community with accurate, honest information. Sessions for training peer advocates/educators address sexuality, gender identity, changing bodies and feelings, values and self-esteem, facts about contraceptives and STIs, high risk/low risk/no risk behaviors, and listening and communication skills. For program implementers, there are sections on establishing a program; qualities to look for in a project coordinator, a trainer, and peer educators; how to recruit; and costs to consider. The manual also includes sample forms for job announcements, parental consent, employment application, and training evaluation questionnaire. Targets young men and women ages 13 to 19 years.

Planned Parenthood of Nassau County
540 Fulton Avenue
Hempstead, NY 11550
Phone: (516) 483-3193, Fax: (516) 483-3592
Cost: $60.00 (plus shipping & handling)

WHEN I’M GROWN: LIFE PLANNING EDUCATION FOR GRADES K-2, 3 & 4, AND 5&6


This curriculum for kindergarten through grade six is in three separate volumes and provides interactive educational activities designed to introduce the basic knowledge, attitudes, and skills that children need if they are to participate successfully and fully in adolescent and adult life. It was designed for adults who assist children in the process of growing up and can be used in schools and community agencies. The curriculum uses over 180 exercises, worksheets, games, and projects to hone children’s skills in self-understanding, clarifying values, making decisions, achieving goals, and managing family and peer relationships. The program explores sexuality and reproduction, health, job options, and education so children may consider how choices they make in these areas affect their lives. “Fun” activities focus attention on understanding feelings, gender stereotyping, and self-esteem. The curriculum promotes honest discussions about the risk of HIV/AIDS by introducing the topic in conjunction with other important health messages. Through the activities, elementary age school children become aware of healthy habits (K-2). They learn how a healthy immune system works and about the impact of HIV/AIDS (3-4, 5-6). They conduct a science experiment to determine the properties of condoms—so condoms are first discussed in a non-threatening environment (5-6). Each volume has information on evaluation, plus sample evaluation forms for students and leaders.

Advocates for Youth
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Washington, DC 20005
Phone: (202) 347-5700, Fax: (202) 347-2263
E-mail: info@advocatesforyouth.org
Web site: http://www.advocatesforyouth.org
Cost: three volume set, $80.00; any two, $55.00; single volume, $30.00 (plus 10% shipping & handling)
IV. Community Organization and Advocacy

COMMUNITIES RESPONDING TO THE CHALLENGE OF ADOLESCENT PREGNANCY PREVENTION

Clare Brindis and Laura Davis, 1998, 5 volumes

This series encourages and assists communities to address adolescent sexuality in a balanced and realistic manner.

Volume I. Mobilizing for Action reviews recent research on adolescent pregnancy, describes how to build coalitions, outlines steps for planning and conducting pregnancy prevention campaigns, and provides tips for working with the media, policy makers, and other key stakeholders. 135 pp.

Volume II. Building Strong Foundations, Ensuring the Future provides step-by-step guidance on assessing the needs and assets of youth in the community, developing a strong funding base for programs, and planning for programs’ evaluation. 91 pp.

Volume III. Designing Effective Family Life Education Programs explains the components of effective sexuality education and provides guidance in planning and implementing such programs. 79 pp.

Volume IV. Improving Contraceptive Access for Teens examines the barriers, which restrict young people’s access to contraception and discusses key strategies for planning and implementing effective contraceptive availability programs. 109 pp.

Volume V. Linking Pregnancy Prevention to Youth Development demonstrates the benefits that youth development and pregnancy prevention programs may derive from linking together to promote sexuality education and contraceptive access. 111 pp.

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Web site: http://www.advocatesforyouth.org
Cost: Five Volume Series $ 115.00
Individual Volumes $ 25.00

COMMUNITY ACTION KIT: INFORMATION TO SUPPORT COMPREHENSIVE SEXUALITY EDUCATION


The Community Action Kit is intended to help concerned individuals recognize organized resistance to existing and new sex education programs and to build support in their communities for comprehensive sex education. The Kit provides suggestions for mobilizing a diverse group within the community to support effective sex education in the schools, and contains materials to educate school board members, administrators, policy makers, parents, community leaders, and students. Its three major sections include, “Comprehensive Sexuality Education,” “Fear-Based, Abstinence-Only Sexuality Education,” and “Building Support for Comprehensive Sexuality Education.”

Sexuality Information and Education Council of the United States
130 West 42nd Street, Suite 350
New York, NY 10036
Phone: (212) 819-9770, Fax: (212) 819-9776
E-mail: siecus@siecus.org
Web site: http://www.siecus.org
Cost: $19.95

GET ORGANIZED: A GUIDE TO PREVENTING TEEN PREGNANCY

The National Campaign to Prevent Teen Pregnancy, 2000

Get Organized is a practical manual for people who are interested in taking action to prevent teen pregnancy in their communities. The three-volume publication covers a lot of ground—from strategies for involving boys and men and for reaching out to religious leaders to practical advice about how to raise money and to conduct program evaluation. Easy to read and simple to use, it provides many checklists and examples from promising programs around the country.
The National Campaign to Prevent Teen Pregnancy
1776 Massachusetts Avenue NW, Suite 200
Washington, DC 20036
Phone: (202) 478-8500, Press Inquiries: (202) 478-8566
E-mail: campaign@teenpregnancy.org
Web site: http://www.teenpregnancy.org
Cost: $24.95

NATIONAL TEEN PREGNANCY PREVENTION MONTH PLANNING GUIDEBOOK
Barbara Huberman, Susan Pagliaro, 1999
The Planning Guidebook provides step-by-step instructions on successfully developing, organizing, and implementing National Teen Pregnancy Prevention Month activities in the community. The Guide includes such topics as youth involvement ideas for teenagers, tips for conducting NTPPM media campaigns, and sample activities from around the country.

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Washington, DC 20005
Phone: (202) 347-5700, Fax: (202) 347-2263
E-mail: info@advocatesforyouth.org
Web site: http://www.advocatesforyouth.org
Cost: $30.00 (plus 10% shipping & handling)

THE ROADMAP: A TEEN GUIDE TO CHANGING YOUR SCHOOL’S SEX ED
The Roadmap offers step-by-step actions to help teens steer their communities towards constructive discussions about teenage sexuality and sex education. Written by teens for teens, The Roadmap is call-to-action for teens who want to challenge the quality of sex education in their high schools and communities, providing background information on activism and information on how to build a coalition, stage community forums, and deal with the school board and beyond.

The Network for Family Life Education
Rutgers University School of Social Work
100 Joyce Kilmer Avenue
Piscataway, NJ 08854
Phone: (732) 445-7929, Fax: (732) 445-4154
E-mail: netfle@rci.rutgers.edu
Web site: http://www.sxetc.org
Cost: Free (able to download from Web site)

TEACHING FEAR: THE RELIGIOUS RIGHT’S CAMPAIGN AGAINST SEX EDUCATION
People for the American Way, 1994
This report tracks key trends in the religious right’s ongoing attack on sexuality education, including promoting fear-based curricula that censor information on preventing HIV infection and teen pregnancy, winning control of local school boards as a first step to eliminating comprehensive sex education, defending abstinence-only curricula against court challenges, and rallying grassroots support against comprehensive sex education. To provide context, the report also reviews the data on the effectiveness of comprehensive sex education and concludes that “Those who care about young people and their futures must continue to fight for full, accurate information on sexuality.”

People for the American Way
2000 M Street NW, Suite 400
Washington, DC 20036
Phone: (202) 467-4999, (800) 326-7329, Fax: (202) 293-2672
E-mail: pfaw@pfaw.org
Web site: http://www.pfaw.org
Available to read online at: http://www.pfaw.org/issues/right/teachingfear96.shtml
A STEP-BY-STEP GUIDE: ACHIEVING COMPREHENSIVE SEXUALITY EDUCATION IN YOUR COMMUNITY’S SCHOOLS

NARAL Foundation, 1999

The Guide is designed to help parents and concerned community members effectively achieve social and political change to make a real difference in the quality of sex education available to the community’s children. The Guide provides a basic overview of the need for comprehensive sex education, while taking the reader through the steps necessary to achieve change.

NARAL Foundation
1156 15th Street, NW
Suite 700
Washington, DC 20005
Phone: (202) 973-3076, Toll Free: 1-877-YOU-DECIDE
Email: can@naral.org
Web site: www.naral.org
Cost: $3.00

WINNING THE BATTLE: DEVELOPING SUPPORT FOR SEXUALITY AND HIV/AIDS EDUCATION

Sexuality Information and Education Council of the United States, 1991

Designed for parents, administrators, community leaders, teachers, and school boards—everyone interested in “winning the battle”—this is a comprehensive guide for action, highlighting communities that have successfully developed effective sexuality education programs. It provides step-by-step guidelines on developing and maintaining community support and respond to an organized opposition. Part I addresses building community support for new programs and maintaining support for programs that are already in place. Part II suggests strategies for responding to organized opposition’s efforts to deny children comprehensive sexuality education. Part III includes twenty frequently asked questions and answers about HIV/AIDS and sex education.

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130 West 42nd Street, Suite 350
New York, NY 10036
Phone: (212) 819-9770, Fax: (212) 819-9776
E-mail: siecus@siecus.org
Web site: http://www.siecus.org
Cost: $12.95

TALK ABOUT SEX: THE BATTLES OVER SEX EDUCATION IN THE UNITED STATES

Janice M. Irvine, University of California Press, 2002

Offers not only the first comprehensive history of the culture wars over sex education, but also an important examination of the politics of sexual speech in the United States. Exploring the clash between professional sex education advocates on one hand and the politicized Christian Right on the other, Irvine vividly demonstrates the crucial role that sexual speech plays in cultural politics. Examining a range of issues played out in living rooms and schools since the 1960’s, she shows how a newly emerging Christian Right chose sex education as one of its first battlegrounds, then went to dominate the public conversation on the subject. Talk about Sex is a rich and fascinating consideration of American sex education’s strategic place in the long history of efforts to regulate sexual morality by controlling sexual speech.

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V. Evaluation Assessment Tools

AIDS AND COMMUNITY-BASED DRUG INTERVENTION PROGRAMS: EVALUATION AND OUTREACH


The proceedings of the AIDS Prevention Symposium trace the National Institute on Drug Abuse’s National AIDS Demonstration Research and Cooperative Agreement projects—projects designed to support development, implementation, and evaluation of community-based interventions targeted to preventing the spread of HIV infection among injection users (IDUs), other drug users at high risk for HIV infection, and sexual partners of IDUs.

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Cost: $19.95, plus shipping & handling

ASSESSING YOUR COMMUNITY’S NEEDS AND ASSETS: A COLLABORATIVE APPROACH TO ADOLESCENT PREGNANCY PREVENTION

_Claire Brindis, Josefina J. Card, Starr Niego, James L. Peterson, 1996_

This publication provides assistance in the planning of needs assessments and in evaluating potential strategies for a community’s adolescent pregnancy prevention initiative. The book explains step-by-step how to gather, analyze, and present information. Based on the experiences and advice of researchers and practitioners, the publication is designed to assist single-site programs and comprehensive, community-wide initiatives.

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170 State Street, Suite 260
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Web site: http://www.socio.com
Cost: $20.00

HANDBOOK OF ADOLESCENT SEXUALITY AND PREGNANCY: RESEARCH AND EVALUATION INSTRUMENTS

_Josephina J. Card, 1993, 280 pp._

_The Handbook_ provides a starting point for measuring a wide range of theoretical and empirical concepts to facilitate the planning and instrument development of research projects dealing with the causes and consequences of adolescent pregnancy, and evaluation projects to assess the impact of teen pregnancy prevention strategies. In short, it contains all the tools necessary to perform research in the field.

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Web site: http://www.sagepub.com
Cost: $103.00 hard cover

HANDBOOK OF SEXUALITY-RELATED MEASURES

_Clive Davis, William L. Yarber, Robert Bauserman, George & Davis Scheer, Sandra L. Davis, 1997, 925 pp._

Reliable and valid measurement and assessment are fundamental to understanding human sexual expression. Many instruments have been developed to measure a myriad of sexuality-related states, traits, behaviors, and outcomes; however, few are accessible and information about them is usually limited to appropriate use and psychometric properties. _The Handbook_ reproduces more than 200 instruments, accompanied by information for their use in research and in educational and clinical settings. Instruments relate to more than 50 topics, and each chapter describes the development and appropriate use of each instrument, giving information on timing, scoring, and interpretation while reliability and
validity data are summarized and completely referenced. Nearly all articles include the entire instrument; others provide illustrative content from the instrument and give all necessary information to obtain the instrument.

Search Institute, 2001
Since 1989, more than 800 schools nationwide have used this survey to closely look at the developmental assets, deficits, and at-risk behaviors of their students in grades six through 12. The survey provides information that can be used to: establish program needs and priorities; meet program funding requirements; gain a better understanding of students’ perceptions of self, peers, school, and community; and build the community’s commitment to youth. Expanded to make it even more useful, the survey measures 40 assets or “building blocks” essential for positive development. The “asset framework” serves as a powerful resource for motivating educators, religious and business leaders, parents, and others, to work toward building healthy communities for youth. The survey provides baseline data for developing asset-building strategies and creating positive new visions for the youth in the community.

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VI. Newsletters and Issue Briefs

ARCHIVES REPORTER
This is the quarterly newsletter of Sociometrics Corporation, a research and development firm specializing in social science research applications. Sociometrics studies the antecedents and consequences of a variety of contemporary social issues, including teenage pregnancy and parenthood, HIV and other sexually transmitted infections.

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Web site: http://www.socio.com
Cost: Free

CHILD TRENDS (ISSUE BRIEFS AND PAPERS)
Child Trends is a nonprofit, nonpartisan research organization dedicated to research, data collection, and data analyses on children, youth, and families. Child Trends gathers data on the major indicators of children's health and well-being, analyzes trends in these data over time, and works to develop new or improved indicators of child and family well-being.

Child Trends
4301 Connecticut Ave, NW
Suite 100
Washington, DC 20008
Phone: (202)362-5580, Fax: (202)362-5533
E-mail: tgreen@childtrends.org
Web site: http://www.childtrends.org
Cost: Free

CONTEMPORARY SEXUALITY
This monthly newsletter reports on all subjects in the field of sexuality and looks at updated resources, and upcoming conferences and workshops.

American Association of Sex Educators, Counselors and Therapists (AASECT)
PO Box 5488
Richmond, VA 23220-0488
E-mail: aasect@worldnet.att.net
Web site: http://www.aasect.org
Cost: Annual subscription – $65.00 (individual), $275.00 (institution)

EDUCATOR’S UPDATE: PLANNED PARENTHOOD FEDERATION OF AMERICA
This bimonthly newsletter for sex educators highlights a different community education program in each issue and contains information on new books, articles, audiovisual resources, conferences, and training.

Planned Parenthood Federation of America
Education Department
810 Seventh Avenue
New York, NY 10019
Phone: (212) 541-7800, Fax: (212) 245-1845
E-mail: communications@ppfa.org
Web site: http://www.plannedparenthood.org
Cost: Annual subscription – $24.00 (6 issues per year)

THE GUTTMACHER REPORT ON PUBLIC POLICY
This is a bimonthly review from the policy analysts of Alan Guttmacher Institute, a not-for-profit corporation dedicated to reproductive health research, policy analysis and public education.
ISSUES AT A GLANCE
This easy-to-read series explores current topics in adolescent health. Titles include: Adolescent Access to Confidential Health Services; Adolescent Sexual Health and the Dynamics of Oppression; Components of Promising Peer Led Sexual Health Programs; HIV/STD Prevention & Young Men Who Have Sex With Men; Life Skills Approaches to Improving Youth’s Sexual & Reproductive Health; Teens & Emergency Contraceptive Pills: Issues for Health Care Providers & Educators; Young Women of Color & Their Risk for HIV/STD; Young Women Who Have Sex with Women: Falling through Cracks for Health Care; Youth Development: Strengthening Prevention Strategies; and Youth Involvement in Prevention Programming.

ISSUES IN BRIEF
These are timely briefing papers outlining issues important to sexual and reproductive health and rights; each paper is four- to six-pages.

THE NATIONAL CAMPAIGN TO PREVENT TEEN PREGNANCY: CAMPAIGN QUARTERLY
The newsletter of the National Campaign offers everything from postcards and pamphlets to video and audiocassettes to research reports and practical manuals.

NATIONAL FAMILY PLANNING & REPRODUCTIVE HEALTH ASSOCIATION (NFPRHA)
For 30 years, NFPRHA has worked to assure access to voluntary family planning and reproductive health care services and to support reproductive freedom for all. A national non-profit membership organization, NFPRHA represents virtually all of the domestic family planning field, including clinicians, administrators, researchers, educators, advocates and consumers.
PEER HEALTH NEWS
This quarterly newsletter keeps peer educators and program coordinators in touch with the latest in innovative peer education programming.

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E-mail: info@advocatesforyouth.org
Web site: http://www.advocatesforyouth.org
Cost: One year subscription $12.00; Free to members of Advocates for Youth’s Peer Education Clearinghouse Database

PREGNANCY PREVENTION FOR YOUTH: AN INTERDISCIPLINARY NEWSLETTER
The PPFY NETWORK is an interdisciplinary newsletter designed to assist those working to prevent teen pregnancy.

Barbara Dietsch
PPFY NETWORK Newsletter
WestEd
4665 Lampson Avenue
Los Alamitos, CA 90720
Phone: (562) 985-9488
E-mail: bdietsc@WestEd.org
Web site: http://www.wested.org/ppfy/
Cost: Free

SHOP TALK (SCHOOL HEALTH OPPORTUNITIES AND PROGRESS)
This biweekly two-page fax bulletin on adolescent sexual health issues, STIs, HIV/AIDS, and teacher training is available from the Sexuality Information and Education Council of the United States (SIECUS), and is especially valuable for school health and sex education professionals.

Sexuality Education and Information Council of the United States
130 West 42nd Street, Suite 350
New York, NY 10036
Phone: (212) 819-9770, Fax: (212) 819-9776
E-mail: siecus@siecus.org
Web site: http://www.siecus.org
Cost: Free

TRANSITIONS
This quarterly issue brief looks at a specific aspect pertaining to adolescent sexual health. Recent issues have focused on emergency contraception, abstinence-only-until-marriage education, efforts to involve youth as full partners in designing and running programs for youth, comprehensive sex education, and parent-child communication to promote sexually healthy young people.

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Web site: http://www.advocatesforyouth.org
Cost: Free
VII. Journals

**ANNUAL REVIEW OF SEX RESEARCH**

This annual publication reviews 10 to 12 articles that highlight important advances and controversies in the area of human sexuality and provides educators and clinicians with up-to-date research.

Society for the Scientific Study of Sexuality (SSSS)
PO Box 416
Allentown, PA 18105
Phone: (319) 895-8407, Fax: (319) 895-6203
E-mail: thesociety@inetmail.att.net
Web site: http://www.ssc.wisc.edu/ssss/
Cost: Annual subscription – check for individual, library, and agency prices online

**JOURNAL OF ADOLESCENT HEALTH**

This multidisciplinary, peer-reviewed journal is devoted to the health care issues of adolescence. Each issue contains original articles, scientific reports, and analytic subject reviews and case reports. The journal also features an annotated bibliography of current publications in the literature.

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**JOURNAL OF SEX EDUCATION AND THERAPY**

This quarterly journal includes research on sexual attitudes, behaviors, therapy, and on sex education.

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E-mail: aasect@worldnet.att.net
Web site: http://www.aasect.org
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**PERSPECTIVES ON SEXUAL & REPRODUCTIVE HEALTH (FORMERLY, FAMILY PLANNING PERSPECTIVES)**

Each issue of this peer-reviewed, bimonthly journal offers unique insights into reproductive health issues relate and their implications for policies, programs, and people’s lives. Perspectives also includes articles on reproductive health policies as well as cross-country research and analysis on sexual health in the United States and other developed countries.

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120 Wall Street
New York, NY 10005
Phone: (212) 248-1111, Fax: (212) 248-1951
E-mail: info@agi-usa.org
Web site: http://www.agi-usa.org
Cost: Individual subscription, $42; institutional subscription, $52

**SIECUS REPORT**

This non-peer reviewed bimonthly journal contains articles and reviews from a variety of disciplines and perspectives about sexuality, including medicine, law, philosophy, business, and the social sciences.
VIII. Videos

CONQUERING THE MEDIA MAZE: SEXUALITY

1995; running time: 16 minutes each

Designed for and narrated by young people, Sexuality is one of four in a series that teaches children how to make sense of the information they receive through all types of media, using examples from television, radio, newspapers, billboards, videos, magazines, and comic books. Throughout the series, viewers learn skills to become savvy media consumers and to sift through available information to make wise personal choices about what is true and what needs to be questioned. Viewers also learn that every action has a consequence, which may not always be accurately portrayed in the media, and that ultimately, they are responsible for their own viewing habits. In Sexuality, young people openly describe how programs use sex for entertainment, how advertisers use sex appeal as a selling tool, and how this makes them feel. Gender roles in television shows and movies are examined, and viewers see how these roles may affect their perceptions of themselves and others. For grades four through eight.

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Altschul Group Corporation
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Evanston, IL 60201
Phone: (847) 328-6700, (800) 323-9084, Fax: (847) 328-6706
E-mail: info@agcunited.com
Web site: http://www.acgmedia.com
Cost: $380.00

THE JOY OF LIFE

1994; running time: 5 minutes each

This series of 20 cartoon vignettes from France utilizes a grandmother teaching two young children about sexuality. The vignettes are warm and loving, and cover topics not usually addressed, like masturbation, pleasure, and homosexuality.

The Multimedia Group of Canada
261 Sacramento Street
Montreal Canada H2Y 3V2
Phone: (514) 844-3636, Fax: (514) 844-4990
Cost: $ 335.00

RAISING HEALTHY KIDS: FAMILIES TALK ABOUT SEXUAL HEALTH

Family Health Communications, 1997; running time: 30 minutes each

This video kit, with accompanying discussion guides, is designed to help families of young children, preadolescents, and adolescents communicate about sexual health. Video #1, For Parents of Young Children (birth to age seven), includes interviews with children, parents and experts and addresses setting limits, telling the truth, labeling body parts, how babies are made, self-touching, appropriate/inappropriate touching, and much more. Video #2, For Parents of Preadolescents and Adolescents, contains interviews with young people, parents, and two nationally respected experts and addresses values, listening, avoiding absolutes, mixed messages, relationships, and more.

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Washington, DC 20005
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E-mail: info@advocatesforyouth.org
Web site: http://www.advocatesforyouth.org
Cost: $149.99 entire kit, $99.95 Video #1(birth to age 7), $99.95 Video #2 (adolescents); Facilitator’s manual, $50.00

SEX EDUCATION IN AMERICA: AIDS AND ADOLESCENCE

1995; running time: 41 minutes

This one-hour documentary explains why young people are at risk for HIV infection and how to reach them with potentially lifesaving information. The program documents the passionate debate between those who support comprehensive sex education, and those who support abstinence-only-until-marriage programs.
SEXUALITY EDUCATION FOR THE 21st CENTURY

1995; running time: 16 minutes

This video is designed to assist school boards, community advisory boards, teachers, and parents in making decisions about the type of sex education to offer in schools. It includes discussions with doctors, researchers, teachers, and students about the need for accurate, effective sexuality education.

Sexuality Information and Education Council of the United States (SIECUS)
130 West 42nd Street, Suite 350
New York, NY 10036
Phone: (212) 819-9770, Fax: (212) 819-9776
E-mail: siecus@siecus.org
Web site: http://www.siecus.org
Cost: $ 9.95

TALKING ABOUT SEX: A GUIDE FOR FAMILIES

1996; running time: 30 minutes

This animated video offers an excellent springboard for family discussions about puberty, sexuality, and relationships. Talking About Sex can reduce the confusion and anxiety children may feel, teach them how to protect themselves, and foster a positive self-image. The video shows families discussing sex and sexuality, focusing on some of the feelings, questions, and concerns families can face when speaking about these things, particularly for the first time. A resource guide for parents and an activity book for adolescents accompany the video. For families with young people ages 10 to 14.

Planned Parenthood Federation of America
810 Seventh Avenue
New York, NY 10019
Phone: (212) 541-7800, Fax: (212) 245-1845
E-mail: communications@ppfa.org
Web site: http://www.plannedparenthood.org
Cost: $19.95 + s/h

TEENS & SEX IN EUROPE: A STORY OF RIGHTS, RESPECT & RESPONSIBILITY

2000; running time: 16:20 minutes

Advocates for Youth and the University of North Carolina at Charlotte sponsor study tours to the Netherlands, Germany, and France to explore the reasons behind these nations’ much lower rates of teenage pregnancy, birth, and sexually transmitted diseases. Narrated by Mariette Hartley, this video provides a fascinating glimpse into the sexual health attitudes of Dutch, German, and French teens and their parents and into the attitudes of government officials, educators, and health care providers. European and U.S. teens speak their minds about protecting themselves within sexual relationships. All of this is against a background of funny, frank media clips drawn from larger multimedia campaigns to reduce HIV infections and unintended pregnancy.

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E-mail: info@advocatesforyouth.org
Web site: http://www.advocatesforyouth.org
Cost: Individual rate: $ 49.95; Institutional rate: $ 79.95
WHAT WORKS: SEXUALITY EDUCATION

*Family Health Communications, 1998; running time: 22 minutes*

This video is for professionals and explores how to reach young people with information and skills to help them reduce risk-taking behavior. It examines evaluated sexuality education curricula (comprehensive and abstinence-until-marriage-only) and is a good resource to help design programs under the federal initiative for abstinence-only-until-marriage programs.

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Web site: http://www.advocatesforyouth.org
Cost: $39.95
IX. Sex Education Curriculum

AIDS PREVENTION FOR ADOLESCENTS IN SCHOOL

1998

This curriculum seeks to increase urban high school students' knowledge about HIV/AIDS, build skills to recognize and prevent behaviors that put them at risk for HIV infection, and promote healthy decision making. The curriculum emphasizes consistent condom use. Role-playing enhances students' confidence and ability to avoid high-risk situations. Evaluation has shown participants scoring higher on knowledge of HIV transmission and the benefits of risk reduction as well as on measures of self-efficacy compared to controls. In follow-up, participants report fewer sexual partners and increased levels of condom usage compared to controls.

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Cost: $195.00

BE PROUD! BE RESPONSIBLE!

1996

This intervention aims to improve AIDS-related knowledge and attitudes among male adolescents. Through group discussion, participants learn the risks of injected drug use and unsafe sexual behaviors. Videos, role-playing, games, and exercises reinforce learning and encourage participation. Participants have shown improved HIV knowledge, less favorable attitudes toward risky behavior, and lower intentions to engage in those behaviors. In follow-up, participants report fewer acts of sexual intercourse, fewer partners, greater use of condoms, and less heterosexual anal intercourse, compared to controls.

Select Media
22D Hollywood Ave.
Hohokus, NJ 07423
Phone: (800) 343-5540, Fax: (201) 652-1973
Web site: http://www.selectmedia.com
Cost: $95.00 + S/H $12.00

BECOMING A RESPONSIBLE TEEN (BART)

1997

BART has been field-tested successfully as an HIV intervention for several groups, including substance dependent adolescents and African-American adolescents. Group discussions focus on risk reduction, communication, negotiation, and refusal skills, problem solving, and condom use. Interactive sessions include games, role playing, and videos. BART's primary focus is increasing safe behavior among sexually active teenagers. Evaluation has shown BART to increase use of condoms during intercourse and decrease numbers of sexual partners. Participants also show increased HIV knowledge, more favorable views on prevention and condom usage, and more recognition of personal vulnerability to HIV.

ETR Association
P.O. Box 1830
Santa Cruz, CA 95061- 1830
Phone: (800) 321-4407, Fax: (800) 435-8433
Web site: www.etr.org
E-mail: orders@etr.org
Cost: $49.95 + S/H $9.95

PREVENTING ADOLESCENT PREGNANCY

1999

Preventing Adolescent Pregnancy works to reduce risky sexual behavior. A four-part program for young women, ages 12 to 17, it combines sexuality education with communication skills-building and health services. Will Power/Won't Power
helps 12- to 14-year-olds recognize peer pressure and build assertiveness skills. *Growing Together* fosters positive communication about sexuality and values between 12- to 14-year-olds and their parents. *Taking Care of Business* increases motivation and skills to avoid pregnancy through education and career planning in 15- to 17-year-olds. *Health Bridge* links these programs to community reproductive health services. Evaluation has shown that although no program has significant results alone, participants in two or more programs are less likely than non-participants to become pregnant.

Girls Incorporated  
120 Wall Street  
New York, NY 10005-3902  
Phone: 1-800-374-4475  
E-mail: girlsinc@girls-inc.org  
Web site: http://www.girlsinc.org

**OUR WHOLE LIVES**

2000

*Our Whole Lives* is a series of sexuality education curricula for five age groups: grades K-1, grades 4-6, grades 7-9, grades 10-12, and adults. This curriculum helps participants make informed and responsible decisions about their sexual health and behavior. It equips participants with accurate, age-appropriate information in six subject areas: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. Grounded in a holistic view of sexuality, *Our Whole Lives* both provides facts about anatomy and human development and helps participants clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality. *Our Whole Lives* uses approaches that work. The curricula are based on the Guidelines for Comprehensive Sexuality Education produced by the National Guidelines Task Force, a group of leading health, education, and sexuality professionals assembled by the Sexuality Information and Education Council of the United States.

Unitarian Universalist Association  
25 Beacon Street  
Boston, MA 02108  
Association Bookstore  
Phone: 800-215-9076 or (617) 742-2100 ex. 423  
E-mail: bookstore@uua.org  
Web site: http://www.uua.org/owl  
Cost: For grades K-1: $40.00, 4-6: $40.00, 7-9: $75.00, 10-12: $60.00, For Adults: $60.00

**POSTPONING SEXUAL INVOLVEMENT (PSI)**

1998

*PSI* uses older teen educators, nurses and counselors to stress the importance of sexual abstinence among younger teens. Teaching decision making and negotiation skills, *PSI* uses role playing to help participants recognize and develop responses to peer pressure. In the Georgia evaluation, *PSI* was followed with a human sexuality course, which also included a contraception unit. Evaluation has shown participants to be five times less likely than controls to initiate sex by the end of eighth grade and, among those who become sexually active, to be more likely to use contraception. These results were achieved in the full *PSI* program including the human sexuality unit. Evaluation of California’s *Education Now and Babies Later* (*ENABL*), a program modeled on *PSI* but lacking a unit on human sexuality and contraception, has found no changes with respect to sexual or contraceptive behavior.

Marion Howard, PhD  
Adolescent Reproductive Health Center  
Hospital Box 26158 – Grady Health System  
80 Butler Street, SE  
Atlanta GA 30335  
Phone: (404) 616-3513, Fax: (404) 616-2457  
Cost: $ 149.00
REDUCING THE RISK (RTR)

1998

(RTR), a high school curriculum, emphasizes avoiding unprotected intercourse by practicing abstinence or by using contraception. Through role playing, participants learn to recognize and resist peer pressure, make decisions, and negotiate safe sexual behaviors. Students are encouraged to talk to their parents about abstinence and birth control and to visit stores and clinics to learn about birth control. Evaluated in 13 California schools, RTR has shown increased student knowledge about reproduction, contraception, and sexually transmitted diseases and parent-child discussions.

Sociometrics Corp.
170 State Street Suite 260
Los Altos, Ca 94022
Phone: (800) 846-DISK, Fax: (650) 949-3299
E-mail: pasha@socio.com
Web site: www.socio.com
Cost: $195.00

TEEN TALK

1998

Designed to be used in school or by community organizations, Teen Talk aims to increase awareness of the possibility of pregnancy, the negative consequences of teenage parenthood, and the benefits of delayed sexual intercourse or consistent contraceptive use. Teen Talk also aims to decrease teen perceptions of barriers to abstinence and effective contraceptive use. While leaders provide information, group activities personalize these facts and stimulate discussion about values, feelings, decision making, and responsibility. Teen Talk has shown increased and more efficient contraceptive use among most males, as well as more sustained abstinence among males when compared to a control group. Findings vary by ethnicity.

Sociometrics Corp.
170 State Street Suite 260
Los Altos, Ca 94022
Phone: (800) 846-DISK, Fax: (650) 949-3299
E-mail: pasha@socio.com
Web site: www.socio.com
Cost: $195.00

TEEN OUTREACH PROGRAM (TOP)

2001

TOP combines a school-based curriculum with community service. In class, participants work in small groups with a facilitator/mentor, discussing values, human growth and development, and relationships while learning communication skills and decision making. Service projects take students into their communities. The combination of sexuality education and community service empowers young people to succeed. Evaluation has found that participants fail fewer courses, are less likely to drop out of school, have lower pregnancy rates, and are suspended less often than control students.

Cornerstone Consulting Group, Inc.
One Greenway Plaza, Suite 550, Houston, Texas 77046-0103
Phone: (713) 627-2322, Fax: (713) 627-3006 fax
E-mail: lbell@cornerstone.to
Web site: www.cornerstone.to
Cost: $295.00

WISE GUYS: MALE RESPONSIBILITY CURRICULUM

2000

A flexible eight-to-ten week program designed for use with boys and young men 10- to 19-years-old, the curriculum focuses on sexual responsibility, family communication and positive life options. The curriculum contains extensive, in-depth exercises and activities in the following areas: Self-Esteem, Values, Communication, Sexuality, Goal Setting, Responsible Decision Making, and Parenthood. Available in Spanish and English.
X. Peer Education

BOOK REVIEW: STEP BY STEP TO PEER HEALTH EDUCATION PROGRAMS

The authors provide peer program coordinators, advisors, and trainers with concise directions in assisting peer educators with the basics of planning, implementing, evaluating, and, possibly, redesigning a peer education program. Although the authors present their work as an approach to peer health prevention programs, readers will find here a rich fund of suggestions and resources that can be used for peer programs of all kinds.

ETR Associates
PO Box 1830
Santa Cruz, CA 95061
Phone: (508) 653-5892, Fax: (508) 653-0686
Web site: www.etr.org
E-mail: shortyfc@aol.com
Cost: $ 24.95 + 2.50 S/H

GUIDE TO IMPLEMENTING TAP: TEENS FOR AIDS PREVENTION PEER EDUCATION PROGRAM

2002, 2nd ed.

This resource is a step-by-step guide to developing and implementing a Teens for AIDS Prevention (TAP) program. TAP is a peer education intervention that focuses on HIV/AIDS prevention in schools, community-based organizations, and faith communities. TAP embraces youth leadership—where young people make decisions regarding their own HIV education intervention. Developed and tested by Advocates for Youth, the manual includes sections on community support, a complete training program plan, sample activities designed by previous TAP groups, steps for evaluation, suggestions for working with the media, and resources for additional information. TAP is a recipient of the American Medical Association’s Award for Excellence in Prevention in the Area of HIV/AIDS and Adolescents. TAP has also been customized for use within faith communities.

Advocates for Youth
1025 Vermont Avenue NW, Suite 200
Washington, DC 20005
Phone: (202) 347-5700, Fax: (202) 347-2263
Web site: www.advocatesforyouth.org
E-mail: info@advocatesforyouth.org
Cost: $ 75.00 (plus 10% shipping & handling)

PEER EDUCATION: A LITTLE HELP FROM YOUR FRIENDS

This is a helpful resource for developing comprehensive human sexuality programs that includes HIV/AIDS education. Opening with ideas for getting started and good teaching, the resource includes information and activities related to communication, sexuality and sexual orientation, relationships, sexually transmitted diseases, anatomy, puberty, gender roles in the media, contraception, teen pregnancy options, healthy decisions, goals, family activities, and community connections.

Planned Parenthood Centers of West Michigan (PPCWM)
425 Cherry SE
Grand Rapids, MI 49503
Phone: (616) 774-7005, Fax: (616) 774-0516
Web site: http://www.plannedparenthood.org/
Cost: $ 45.00 + 5.00 S/H

PEER HEALTH NEWS

This quarterly newsletter keeps peer educators and program coordinators in touch with the latest in innovative peer education programming.

Advocates for Youth
1025 Vermont Avenue NW, Suite 200
Washington, DC 20005
Phone: (202) 346-5700, Fax: (202) 347-2263
E-mail: info@advocatesforyouth.org
Web site: www.advocatesforyouth.org
Cost: $12.00 subscription; available free to all members of Advocates for Youth’s Peer Education Clearinghouse database

**PEER LEADERSHIP PREVENTING AIDS**

This publication prepares young people to become leaders in teaching HIV prevention and in encouraging safer sex practices among their peers. Participants explore the implications of HIV/AIDS in their own lives and identify steps they can take in response to increasing rates of transmission in youth. This training goes beyond teaching the basics of HIV infection to addressing individual values, wellness, the basics of prevention work, and sexuality.

Peer Leadership
The Medical Foundation
95 Berkeley Street
Boston, MA 02116
Phone: (617) 451-0049, Fax: 617-451-0062
Web site: www.tmfnet.org
Email: ljwallace@tmfnet.org
Cost: $95.00
XI. Parent-Child Communication

CAN WE TALK?

2000

Can We Talk? is a series of parent workshops that provides an opportunity for families and educators to address the prevention of teen pregnancy, and sexually transmitted infections, including HIV, in a healthy, proactive, and constructive manner before young people initiate sex. Can We Talk? creates a vehicle for parents and educators to talk about sex, self-esteem, and peer pressure through partnerships in families, schools, businesses, and community organizations.

National Education Association
Health Information Network
1201 16th St. NW
Washington, DC 20036
Phone: (202) 822-7570
E-mail: neapl@pmds.com
Web site: www.nea.org
Cost: $60.00

FAMILY CONNECTIONS – FAMILY HEALTH COUNCIL

1999

The positive tone of these three guidebooks for different ages reflects the belief that, by communicating only the negatives to children, parents run the risk of having their most important message go unheard.

CAPP – Family Health Council, Inc.
960 Penn Avenue, Suite 600
Pittsburgh, PA 15222
Phone: 1-800-215-7494, Fax: (412) 288-9036
Web site: www.fhcinc.org
E-mail: capp@fhcinc.org
Cost: Free

LET’S TALK MONTH: COMMUNITY PLANNING MANUAL

2000

The purpose of Let’s Talk Month is to encourage individuals, community organizations, and institutions to plan and implement special events, programs, and services, which support adults in their efforts to give youth accurate and healthy information about sexuality. The manual offers steps to sponsoring a local campaign and examples of activities.

Advocates for Youth
1025 Vermont Avenue NW, Ste 200
Washington DC 20005
Phone: (202) 347-5700, Fax: (202) 347-2263
Web site: www.advocatesforyouth.org
E-mail: info@advocatesforyouth.org
Cost: $30.00

NOW WHAT DO I DO? HOW TO GIVE YOUR PRE-TEENS YOUR MESSAGE

1998

This pamphlet provides help for parents (of preteens) who want to talk with their children on subjects such as puberty, love, dating, contraception, masturbation, and sexually transmitted diseases.

SIECUS
1706 R Street
Washington, DC 20009
Phone: 202/265-2405, Fax: 202/462-2340
E-mail: siecus@siecus.org
Web site: www.siecus.org
Cost: Free
PARENTS’ SEX ED CENTER

This section of Advocates for Youth’s Web site at www.advocatesforyouth.org/parents/ offers an array of resources and links to additional resources to help parents open lines of discussion with their children about sexuality.

Advocates for Youth
1025 Vermont Avenue NW, Suite 200
Washington, DC 20005
Phone: 202.347.5700, Fax: 202.347.2263
E-mail: info@advocatesforyouth.org
Web site: www.advocatesforyouth.org/parents/

RAISING HEALTHY KIDS: FAMILIES TALK ABOUT SEXUAL HEALTH

1997; running time: 30 minutes each

Media Works, the producers of the award winning video, In Our Own Words: Teens and AIDS, also produced the Raising Healthy Kids videos. Raising Healthy Kids is designed to help families of young children and preadolescent and adolescent children communicate about sexual health. This engaging resource includes two 30-minute, closed-captioned videos, with accompanying discussion guides.

Video #1: For Parents of Young Children includes interviews with children, parents and experts and addresses setting limits, telling the truth, labeling body parts, how babies are made, self-touching, appropriate/inappropriate touch and much, much more!

Video #2: For Parents of Preadolescents and Adolescents includes interviews with young people, parents and two nationally respected experts and addresses values, listening, avoiding absolutes, mixed messages, relationships and more.

Advocates for Youth
1025 Vermont Avenue NW, Suite 200
Washington DC 20005
Phone: (202) 347-5700, Fax: (202) 347-2263
Web site: www.advocatesforyouth.org
E-mail: info@advocatesforyouth.org
Cost: Video #1: $99.95; Video #2: $99.95; Set of two videos: $149.95; Facilitator’s manual: $50.00

SEX EDUCATION: A BIBLIOGRAPHY OF EDUCATIONAL MATERIALS FOR CHILDREN, ADOLESCENTS, AND THEIR FAMILIES

1997

This bibliography was prepared by the Committee on Adolescence of the American Academy of Pediatrics to assist health professionals in recommending educational materials on sexuality for children, adolescents, and their families and includes material that are factually correct and suitable for the pediatric setting. Materials listed are limited to booklets, pamphlets, and fact sheets that are free or low cost.

American Academy of Pediatrics
Division of Publications
141 Northwest Point Blvd.
PO Box 927
Elk Grove Village, IL 60009-0927
Phone: (847) 434-4000, Fax:(847) 434-8000
Web site: www.aap.org
E-mail: pubrel@aap.org
Cost: $29.95/100 + S/H
XII. Materials for Special Populations

LATINO GAY MEN AND HIV: CULTURE, SEXUALITY AND RISK BEHAVIOR


This book discusses six socio-cultural factors in Latino communities that place gay men at especial risk—machismo, homophobia, family cohesion, sexual silence, poverty, and racism. The research is based on focus group and individual interviews in the United States.

Routledge Publishing
29 West 35th Street
New York, NY 10001
Phone: (212) 216-7800, Fax: (212) 564-7854
Cost: $85.00 hard cover, $20.95 paperback

SOCIALIZATION AND SEXUALITY: A COMPREHENSIVE TRAINING GUIDE FOR PROFESSIONALS HELPING PEOPLE WITH DISABILITIES THAT HINDER LEARNING


This publication outlines a sex education course for persons with developmental disabilities, and describes successful teaching strategies. A list of print, video, and multimedia resources is also included.

James Stanfield Company
PO Box 41058
Santa Barbara, CA 93140
Phone: (800) 421-6534, Fax: (805) 897-1187
or
Planned Parenthood of Southeast Pennsylvania
1144 Locust Street
Philadelphia, PA 19107-5740
Phone: (215) 351-5590
Web site: http://www.plannedparenthood.org
Cost: $39.95

STREETWISE TO SEXWISE: SEXUALITY EDUCATION FOR HIGH RISK YOUTH


This sexuality education resource focuses on areas of particular concern to youth in high risk situations—young people who are vulnerable to problems related to sexual health, such as unwanted pregnancy, sexually transmitted infections, sexual assault or abuse, and self-destructive, abusive or exploitative relationships. Profiles of selected populations (e.g., lesbian, gay, and bisexual youth and survivors of child sexual abuse) are set out, followed by two basic series of lessons—one for older teens (age 14 to 19) and one for pre-teens (ages nine to 14). These include topics such as safer sex, dating and courtship skills, relationships, and accessing sexual health services. Each lesson includes objectives, rationale, materials, and a step-by-step guide to conducting the lesson. Realistic, everyday life material is designed to add to the effectiveness of the presentations: true stories of child sexual abuse, true stories of lesbian and gay teens, and role-plays about typical teenage sexual dilemmas. The manual also includes a questionnaire to assess knowledge and attitudes at pre and post testing, and resources, including a select bibliography of curricula, teaching manuals, and videos. Designed for youth in high risk situations, ages nine to 19.

The Center for Family Life Education
Planned Parenthood Association of Greater Northern New Jersey
Administrative Office
196 Speedwell Avenue
Morristown, NJ 07960
Phone: (973) 539-9580
E-mail: ppgnnj@eclipse.net
Web site: http://www.ppgnnj.org
Cost: $24.95 (Plus shipping & handling)
TEACHING PERSONS WITH MENTAL RETARDATION ABOUT SEXUALITY AND RELATIONSHIPS

June Kogut, Susan Vilardo, 1994

This publication offers educators guidance for the development and implementation of sex education programs for people with developmental disabilities.

Planned Parenthood of Connecticut
129 Whitney Avenue
New Haven, CT 06510
Phone: (203) 865-5158, Fax: (203) 624-1333
Web site: http://www.ppct.org
Cost: $49.95

WISE GUYS: MALE RESPONSIBILITY CURRICULUM


This flexible, eight-to-ten week program is designed for use with boys and young men ages 10 to 1. The curriculum focuses on sexual responsibility, family communication, and positive life options and contains extensive, in-depth exercises and activities in the following areas: self-esteem, values, communication, sexuality, setting goals, making responsible decisions, and parenting.

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1025 Vermont Avenue NW, Suite 200
Washington, DC 20005
Phone: (202) 347-5700, Fax: (202) 347-2263
Email: info@advocatesforyouth.org
Web site: http://www.advocatesforyouth.org
Cost: $150.00
XIII. Training / Continuing Education

INSTITUTES FOR COMMUNITY/SEXUAL HEALTH EDUCATORS

The Institutes provides training in five broad regions of the United States in an intensive, five-day, residential experience for professionals in the areas of sexuality, health, and family life education. The program is skill-oriented, experiential training with a primary mission to strengthen the professional competence of sex educators, focusing on the skills they need to positively affect their students’ behavior. Rather than focusing primarily on data or research, this is focused on program development and presentation skills.

Northwest Institute for Community Health Educators (NICHE)
Seattle, WA
Phone: (206) 447-9538

North Atlantic Training Institute for Sexual Health Educators (NATISHE)
New York, NY
Phone: (212) 594-7741

Great Lakes Institute for Community Health Educators (GLICHE)
Indianapolis, IN
Phone: (317) 247-9008

South West Institute for Community Health Educators (SWICHE)
Austin, TX
Phone: (512) 474-2166

Western Region Institute for Community Health Educators (WRICHE)
San Francisco, CA
Phone: (415) 929-910

INTERNATIONAL STUDY TOURS

The goal of the Advocates for Youth’s annual study tour program is to present educational travel programs to explore policies and practices in other countries that contribute to positive sexual health outcomes for adolescents. The tours offer a combination of study, discovery, and culture and are designed for professionals, policy makers, youth activists, and graduate students who are lively, inquisitive, and eager to broaden their intellectual horizons and expand their involvement and commitment to positive sexual health policies and practices. Tours to Scandinavia, Europe, and Latin America, lasting 10 to 21 days, are scheduled periodically. Financial aid is not available.

Barbara Huberman
Advocates for Youth
1025 Vermont Avenue NW, Suite 200
Washington, DC 20005
Phone: (202) 347-5700, Fax: (202) 347-2263
E-mail: info@advocatesforyouth.org
Web site: http://www.advocatesforyouth.org

CENTER FOR ADOLESCENT HEALTH AND THE LAW

The Center for Adolescent Health & the Law works to create a legal and policy environment that promotes the health of adolescents and their access to health care. The Center offers comprehensive and crosscutting expertise on the legal and policy issues that affect adolescents' health and their ability to obtain essential health services.

Center for Adolescent Health and the Law
211 North Columbia Street
Chapel Hill, NC 27514
Phone: (919) 968-8870
E-mail: info@adolescenthealthlaw.org
Web site: http://www.adolescenthealthlaw.org
THE TRAINING CENTER FOR HEALTH PROFESSIONALS OF CICATELLI ASSOCIATES INC. (CAI)

CAI is a nonprofit, tax-exempt organization providing training and technical assistance to health and human service providers of services to the poor and medically indigent. For over twenty years, CAI has been the federally funded Region II (New York, New Jersey, Puerto Rico & US Virgin Islands) Family Planning Training Center. Consistent with its commitment to the poor and disadvantaged, CAI targets health care issues that disproportionately affect these groups. CAI’s diverse trainers and consultants have extensive human service backgrounds and are particularly attuned to the cultural sensitivities of the populations receiving services. Since 1977, CAI has trained more than 75,000 service providers, and over 150 hospitals, health clinics, family planning organizations, educational institutions and social service agencies have utilized CAI’s services to improve their delivery of health care and cost-effectiveness.

Cicatelli Associates Inc.
Training Center for Health Professionals
505 Eighth Avenue, Suite 2001
New York, NY 10018-6505
Phone: (212) 594-7741, Fax: (212) 629-3321
E-mail: Cicatelli@tgci.net
Web site: http://www.cicatelli.org

UNITARIAN UNIVERSALIST ASSOCIATION (UUA)

UUA coordinates regional training programs for their sexuality curricula, Our Whole Lives. Designed as a secular program with denominational supplements for Unitarians and United Church of Christ congregations, Our Whole Lives is an excellent comprehensive, values based curriculum. UUA has a cadre of trainers for denominational and for community based sexuality education training.

Unitarian Universalist Association
25 Beacon Street
Boston, MA 02108
Phone: (617) 742-2100, Fax: (617) 367-3237
E-mail: owl@uua.org
Web site: www.uua.org
Cost: $40 to $75

OTHER PROVIDERS OF TRAINING & MATERIALS:

Planned Parenthood Federation of America and local affiliates
State and health departments
Universities
State coalitions on STDs, HIV, or teen pregnancy
XIV. Web Sites

RESOURCES ESPECIALLY FOR PARENTS

Parents’ Sex Ed Center ........................................................................................................ http://www.advocatesforyouth.org/parents/
Parent Soup ......................................................................................................................... http://www.parentsoup.com
The National Parenting Center ......................................................................................... http://www.parentsplace.com
American Library Association ............................................................................................ http://www.ala.org
Mother’s Voices .................................................................................................................. http://www.mvoices.org
Parents, Families and Friends of Lesbians and Gays .......................................................... http://www.pflag.org
YWCA of the USA ............................................................................................................. http://www.ywca.org

EDUCATIONAL RESOURCES

The Coalition for Positive Sexuality ........................................................................................ http://www.positive.org
Center for AIDS Prevention Studies .................................................................................... http://www.epibiostat.ucsf.edu/capsweb/
Dr. Ruth Online .................................................................................................................... http://www.drruth.com
Safer Sex Page ..................................................................................................................... http://www.safersex.org
AMA Adolescent Health Online .......................................................................................... http://www.amaassn.org/ama/pub/category/1947.html
The Body (AIDS/HIV Resource) .......................................................................................... http://www.thebody.com
Johns Hopkins Center for Communication Programs School of Public Health ................. http://www.jhuccp.org

EVALUATION RESOURCES

American Evaluation Association ......................................................................................... http://www.eval.org
Evaluation Center at Western Michigan University ............................................................. http://www.wmich.edu/evalctr/
Grantmakers Evaluation Network (GEN) ............................................................................ http://www.hogg1.lac.utexas.edu/gen/
Sociometrics Corporation ..................................................................................................... http://www.socio.com
German Center for Evaluation ............................................................................................. http://www.uni-koeln.de/ewfak/wiso/
List of education-related links ............................................................................................. http://www.ericae.net
Center for Mental Health Policy .......................................................................................... http://www.vanderbilt.edu/vipps/cmhp/

NATIONAL RESOURCES

Feminist Majority .................................................................................................................. http://www.feminist.org
NARAL ..................................................................................................................................... http://www.naral.org
Planned Parenthood ............................................................................................................. http://www.plannedparenthood.org
NOW ....................................................................................................................................... http://www.now.org
SIECUS ..................................................................................................................................... http://www.siecus.org
National Campaign to Prevent Teen Pregnancy ................................................................. http://www.teenpregnancy.org
CDC National AIDS Clearinghouse ..................................................................................... http://www.cdcnpi.org
AIDS Action Council ............................................................................................................ http://www.aidsaction.org
American Association for Health Education ........................................................................ http://www.aahperd.org/aahe/
American Association of Sex Educators, Counselors and Therapists .................................... http://www.aasect.org
American College of OB/GYN ............................................................................................. http://www.acog.org
American Psychological Association ..................................................................................... http://www.apa.org
American Public Health Association .................................................................................... http://www.apha.org
American School Health Association .................................................................................... http://www.ashaweb.org
American Social Health Association ..................................................................................... http://www.ashastd.org
Association of Reproductive Health Professionals ............................................................... http://www.arhp.org
Association of State and Territorial Health Officials ............................................................ http://www.astho.org
Child Welfare League of America ....................................................................................... http://www.cwla.org
Children’s Defense Fund .................................................................................................... http://www.childrensdefense.org
ETR Associates .................................................................................................................... http://www.etr.org
Girls Incorporated ................................................................................................................. http://www.girlsinc.org
National Association of County and City Health Officials ..................................................... http://www.naccho.org
National Council of La Raza ............................................................................................... http://www.nclr.org
National Education Association Health Information Network ............................................. http://www.neahin.org
National Family Planning and Reproductive Health Association ........................................ http://www.nfprha.org
National Gay and Lesbian Task Force ................................................................................ http://www.noglff.org
National School Boards Association .................................................................................... http://www.nsba.org
Religious Coalition for Reproductive Choice ...................................................................... http://www.rcrc.org
The Alan Guttmacher Institute ............................................................................................. http://www.agi-usa.org
Zero Population Growth ..................................................................................................... http://www.zpg.org
Society for Adolescent Medicine ......................................................................................... http://www.adolescenthealth.org
XV. National Organizations

Selected national organizations concerned with adolescent reproductive and sexual health

AHEAD, Inc. (Adventures in Health, Education and Agricultural Development)
PO Box 2049
Rockville, MD 20847-2049
Phone: (301) 530-3697
Fax: (301) 530-3532
E-mail: info@aheadinc.org
Web site: http://www.aheadinc.org

Advocates for Youth
1025 Vermont Avenue, NW, Suite 200
Washington, DC 20005
Phone: (202) 347-5700
Fax: (202) 347-2263
E-mail: info@advocatesforyouth.org
Web site: http://www.advocatesforyouth.org

Alan Guttmacher Institute (AGI)
120 Wall Street
New York, NY 10005
Phone: (212) 248-1111
Fax: (212) 248-1951
E-mail: info@agi-usa.org
Web site: http://www.agi-usa.org

American Academy of Pediatrics
141 Northwest Point Boulevard
Elk Grove Village, IL 60007-1098
Phone: (847) 434-4000
Fax: (847) 434-8000
E-mail: kidsdocs@aap.org
Web site: http://www.aap.org

American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD)
1900 Association Drive
Reston, VA 20191
Phone: (703) 476-3400, (800) 213-7193
Fax: (703) 476-9527
E-mail: ginfo@aahperd.org
Web site: http://www.aahperd.org

American Association of Sexuality Educators, Counselors and Therapists (AASECT)
PO Box 5488
Richmond, VA 23220-0488
Phone: (804) 644-3288
Fax: (804) 644-3290
E-mail: aasect @worldnet.att.net
Web site: http://www.aasect.org

American College of Obstetricians and Gynecologists (ACOG)
409 12th Street, SW
PO Box 96920
Washington, DC 20090-6920
Phone: (202) 638-5577
Fax: (202) 484-5107
Web site: http://www.acog.org

American Foundation for AIDS Research (AMFAR)
5900 Wilshire Boulevard #3025
Los Angeles, CA 90036-5032
Phone: (213) 857-5900
Fax: (213) 857-5920
Web site: http://www.amfar.org

American Medical Association
515 N. State Street
Chicago, IL 60610
Phone: (312) 464-5315
Fax: (312) 464-5842
Web site: http://www.ama-assn.org

American Public Health Association
800 I Street, NW
Washington, DC 20001
Phone: (202) 777-2742
Fax: (202) 77-2534
E-mail: comments@apha.org
Web site: http://www.apha.org

American Red Cross
National Capital Chapter
8111 Gatehouse Road
Falls Church, VA 22042
Phone: 703-206-6000
E-mail: ncctech@usa.redcross.org
Web site: http://www.redcross.org

American School Health Association
7263 State Route 43
PO Box 708
Kent, OH 44240
Phone: (330) 678-1601
Fax: (330) 678-4526
E-mail: asha@ashaweb.org
Web site: http://www.ashaweb.org

American Social Health Association
PO Box 13827
Research Triangle Park, NC 27713
Phone: (919) 361-8400
Fax: (919) 361-8425
Web site: http://www.ashastd.org
Association of Reproductive Health Professionals
2401 Pennsylvania Avenue, NW, Suite 350
Washington, DC 20037-1718
Phone: (202) 466-3825
Fax: (202) 466-3826
E-mail: arhp@arhp.org
Web site: http://www.arhp.org

Boys and Girls Club of America
1230 West Peachtree Street, NW
Atlanta, GA 30309
Phone: (404) 487-5700
E-mail: LmcLemore@bgca.org
Web site: http://www.bgca.org

Camp Fire Boys and Girls
4601 Madison Avenue
Kansas City, MO 64112-1278
Phone: (816) 756-1950
Fax: (816) 756-0259
E-mail: info@campfire.org
Web site: http://www.campfire.org

Catholics for Free Choice
1436 U Street, NW, Suite 301
Washington, DC 20009-3997
Phone: (202) 986-6093
Fax: (202) 332-7995
Web site: http://www.cath4choice.org

Centers for Disease Control and Prevention
1600 Clifton Road
Atlanta, GA 30333
Phone: (404) 639-3311
AIDS Hotline: 1-800-342-2437
Web site: http://www.cdc.gov

Center for Reproductive Law and Policy
120 Wall Street
New York, NY 10005
Phone: (917) 637-3600
Fax: (917) 637-3666
E-mail: info@crlp.org
Web site: http://www.crlp.org

Children's Defense Fund
25 E Street, NW
Washington, DC 20001
Phone: (202) 628-8787
Fax: (202) 662-3510
E-mail: cdfinfo@childrensdefense.org
Web site: http://www.childrensdefense.org

Child Trends, Inc.
4301 Connecticut Avenue, NW, Suite 100
Washington, DC 20008
Phone: (202) 362-5580
Fax: (202) 362-5533
Web site: http://www.childtrends.org

ETR Associates
PO Box 1830
Santa Cruz, CA 95061-1830
Phone: (831) 438-4060, (800) 321-4407
Fax: (831) 438-3618, (800) 435-8433
Web site: http://www.etr.org

Girls Incorporated
120 Wall Street
New York, NY 10005-3902
Phone: (800) 374-4475
Web site: http://www.girlsinc.org

Johns Hopkins University
Center for Communication Programs
111 Market Place, Suite 310
Baltimore, MD 21202
Phone: (410) 659-6300
Fax: (410) 659-6266
E-mail: webadmin@jhuccp.org
Web site: http://www.jhuccp.org

March of Dimes – Resource Center
1275 Mamaroneck Avenue
White Plains, NY 10605
Phone: (888) 663-4637
Fax: (914) 997-4763
Web site: http://www.modimes.org

National 4-H Council
7100 Connecticut Avenue
Chevy Chase, MD 20815
Phone: (301) 961-2800
Fax: (301) 961-2894
E-mail: info@fourhcouncil.edu
Web site: http://www.fourhcouncil.edu

National Abortion and Reproductive Rights Action League (NARAL)
1156 15th Street, NW, Suite 700
Washington, DC 20005
Phone: (202) 973-3000
Fax: (202) 973-3096
Web site: http://www.naral.org

National Asian Women's Health Organization
250 Montgomery Street, Suite 900
San Francisco, CA 94104
Phone: (415) 989-9747
Fax: (415) 989-9758
E-mail: nawho@nawho.org
Web site: http://www.nawho.org

National Assembly on School-Based Health Care
666 11th Street, NW, Suite 735
Washington, DC 20001
Phone: (888) 296-8727, (202) 638-5872
Fax: (202) 638-5879
E-mail: info@nasbhc.org
Web site: http://www.nasbhc.org

The National Campaign to Prevent Teen Pregnancy
1776 Massachusetts Avenue, NW
Washington, DC 20036
Phone: (202) 478-8500
E-mail: campaign@teenpregnancy.org
Web site: http://www.teenpregnancy.org
Resource Guide for Sex Educators

National Center for Youth Law
405 14th Street, 15th Floor
Oakland, CA 94612-2701
Phone: (510) 835-8098
Fax: (510) 835-8099
E-mail: info@youthlaw.org
Web site: http://www.youthlaw.org

National Coalition of Hispanic Health and Human Services Organizations
1501 16th Street, NW
Washington, DC 20036-1401
Phone: (202) 387-5000
Fax: (202) 797-4353
E-mail: alliance@hispanicehealth.org
Web site: http://www.hispanicehealth.org

National Council of La Raza (NCLR)
1111 19th Street, NW, Suite 1000
Washington, DC 20036
Phone: (202) 785-1670
Fax: (202) 776-1792
Web site: http://www.nclr.org

National Education Association (NEA)
Health Information Network
1201 16th Street, NW
Washington, DC 20036
Phone: (202) 833-4000
Fax: (202) 822-7775
Web site: http://www.nea.org

National Family Planning and Reproductive Health Association (NFPRHA)
1627 K Street, NW, 12th Floor
Washington, DC 20006
Phone: (202) 293-3114
E-mail: info@nfprha.org
Web site: http://www.nfprha.org

National Organization on Adolescent Pregnancy, Parenting and Prevention (NOAPPP)
2401 Pennsylvania Avenue, NW, Suite 350
Washington, DC 20037
Phone: (202) 293-8370
Fax: (202) 293-8805
E-mail: noappp@noappp.org
Web site: http://www.noappp.org

Planned Parenthood Federation of America
810 7th Avenue
New York, NY 10019
Phone: (212) 541-7800
Fax: (212) 465-1845
E-mail: communications@ppfa.org
Web site: http://www.plannedparenthood.org

Program Archive on Sexuality, Health and Adolescence (PASHA)
Sociometrics Corporation
170 State Street, Suite 260
Los Altos, CA 94022-2812
Phone: (650) 949-3282
Fax: (650) 949-3299
E-mail: socio@socio.com
Web site: http://www.socio.com

Religious Coalition for Reproductive Choice
1025 Vermont Avenue, NW, Suite 1130
Washington, DC 20005
Phone: (202) 628-7700
Fax: (202) 628-7716
E-mail: info@rcrc.org
Web site: http://www.rcrc.org

Sex Information and Education Council of the United States (SIECUS)
130 West 42nd Street, Suite 350
New York, NY 10036-7802
Phone: (212) 819-9770
Fax: (212) 819-9776
E-mail: siecus@siecus.org
Web site: http://www.siecus.org

Society for Adolescent Medicine
1916 N.W. Copper Oaks Circle
Blue Springs, MO 64015
Phone: (816) 224-8010
E-mail: rinda@adolescenthealth.org
Web site: http://www.adolescenthealth.org

YWCA of the USA
Empire State Building
350 5th Avenue, Suite 301
New York, NY 10118
Phone: (212) 273-7800
Fax: (212) 465-2281
Web site: http://www.ywca.org
XVI. International Organizations

Center for Development and Population Activities (CEDPA)
1400 16th Street, NW, Suite 100
Washington, DC 20036
Phone: (202) 667-1142
Fax: (202) 332-4496
E-mail: cmail@cedpa.org
Web site: http://www.cedpa.org

International Planned Parenthood Federation
Regent’s College
Inner Circle, Regent’s Park
London, NW 1 4NS
United Kingdom
Phone: 44-0-20-7487-7900
Fax: 44-0-20-7487-7950
E-mail: info@ippf.org
Web site: http://www.ippf.org

Pan American Health Organization
525 23rd Street, NW
Washington, DC 20037
Phone: (202) 974-3000
Fax: (202) 974-3663
Web site: http://www.paho.org

The Population Council
New York Headquarters
1 Dag Hammarskjold Plaza
New York, NY 10017
Phone: (212) 339-0500
Fax: (212) 755-6052
E-mail: pubinfo@popcouncil.org
Web site: http://www.popcouncil.org

UNAIDS
20 Avenue Appia
CH-1211 Geneva 27
Switzerland
Phone: 41-22-791-3666
Fax: 41-22-791-4187
E-mail: unaids@unaids.org
Web site: http://www.unaids.org

UNICEF
UNICEF House
3 United Nations Plaza
New York, NY 10017
Phone: (212) 326-7000
Fax: (212) 887-7465
Web site: http://www.unicef.org

United Nations Population Fund
220 East 42nd Street
New York, NY 10017
Phone: (212) 297-5011
Fax: (212) 557-6416
E-mail: hq@unfpa.org
Web site: http://www.unfpa.org

World Health Organization (WHO)
20 Avenue Appia
1211 Geneva 27
Switzerland
Phone: 00-41-22-791-2111
Fax: 00-41-22-791-3111
E-mail: info@who.int
Web site: http://www.who.int

Educational Development Center
55 Chapel Street
Newton, MA, 02158-1060
Telephone: (617) 969-7100
Fax: (617) 244-3436
Web Site: http://www.edc.org

Family Health International – YouthNet Project
2101 Wilson Boulevard, Suite 700
Arlington, VA 22201
Telephone: (703) 516-9779
Fax: (703) 516-9781
Web Site: http://www.fhi.org

International Gay and Lesbian Human Rights Commission
1360 Mission Street – Suite 200
San Francisco, CA, 94103
Phone: (415) 255-8680
Fax: (415) 255-8662
Email: iglhrc@iglhrc.org
Web Site: www.iglhrc.org

World Association of Sexology
University of Minnesota Medical School
Program on Human Sexuality
1300 South Second St, Suite 180
Minneapolis, MN, 55454
Phone: (612) 625-1500
Fax: (612) 626-8311
Email: coleman001@maroon.tc.umn.edu
Web site:http://www.tc.umn.edu/~coleman001/was
XVII. Resource Guide Additions / Comments

If there are materials or resources that you believe should be added or eliminated please let us know.

Name ________________________________________ _______________________________ _________________
Address ______________________________________ _______________________________ _________________
City__________________________________________ State ___________________________  Zip _____________
Email ________________________________________ _______________________________ _________________
Phone _______________________________________  Fax ___________________________ _________________
Suggestions: ___________________________________ _______________________________ _________________
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Fax to:

Barbara Huberman
Advocates for Youth
202.347.2263
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