

## Rights, Respect, Responsibility: A K-12 Sexuality Education Curriculum from Advocates for Youth

Grade	Sequence	Lesson Title	NSES Indicator
<b>ELEMENTARY SCHOOL</b>			
<b>K</b>	Lesson 1	Different Kinds of Families	HR.2.CC.1/HR.1.IC.1
<b>K</b>	Lesson 2	Understanding Our Bodies - The Basics	AP.2.CC.1
<b>K</b>	Lesson 3	My Space, Your Space	PS.2.CC.1/PS.2.IC.1
<b>K</b>	Supplement	Star of the Week	NA
<b>K</b>	Supplement	Paper People	NA
<b>1</b>	Lesson 1	Friendships	HR.2.CC.2/HR.2.IC.2
<b>1</b>	Lesson 3	The Circle of Life	PR.2.CC.1
<b>1</b>	Supplement	My Body is MY Body	IV.2.CC.1/IV.2.AI.1
<b>2</b>	Lesson 1	Understandings Our Bodies	AP.2.CC.1
<b>2</b>	Lesson 2	Bullying is Never OK	PS.2.CC.2/PS.2.CC.3
<b>2</b>	Lesson 3	Cut it Out! Making Teasing and Bullying Stop	PS.2.AI.2/PS.2.IC.2
<b>2</b>	Lesson 4	Feeling SAFE!	CHR.2.CC.2/CHR.2.CC.3/CHR.2.IC.1
<b>2</b>	Lesson 5	Seeking Help	PS.2.AI.1/PS.2.SM.1
<b>2</b>	Supplement	R-E-S-P-E-C-T	IV.2.IC.1/GI.2.IC.1
<b>3</b>	Lesson 1	Respect for All	ID.5.SM.1/ID.5.ADV.1/HR.5.SM.1
<b>3</b>	Lesson 2	Teasing, Harassment and Bullying	PS.5.CC.1/PS.5.INF.1/PS.5.AI.1/ PS.5.IC.1
<b>3</b>	Supplement	Personal Timeline	NA
<b>3</b>	Supplement	If You Don't Have Consent, You Don't Have Consent	CHR.5.CC.2/CHR.5.IC.1
<b>4</b>	Lesson 1	Making Sense of Puberty	PD.5.CC.1/PD.5.INF.1/PD.5.AI.1/PD.5.SM.1/PD.5.CC.2/PD.5.AI.2
<b>4</b>	Lesson 2	Figuring Out Friendships	HR.5.CC.1/HR.5.INF.1/HR.5.AI.1
<b>4</b>	Lesson 3	Taking a Stand Against Bullying	PS.5.IC.1/PS.5.SM.1
<b>5</b>	Lesson 1	Sexual and Reproductive Anatomy	AP.5.CC.1/AP.5.AI.1
<b>5</b>	Lesson 2	Puberty and Reproduction	PD.5.CC.1/PD.5.CC.3/PR.5.CC.1
<b>5</b>	Lesson 3	Learning about HIV & STDs	SH.5.CC.1
<b>5</b>	Lesson 4	What is Love Anyway?	ID.5.CC.1/ID.5.AI.1

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Grade	Sequence	Lesson Title	NSES Indicator
5	Lesson 5	Being Clear with Your Friends	HR.5.IC.1/PS.5.IC.2
5	Lesson 6	Your Body, Your Rights	PS.5.CC.2/PS.5.AI.2
5	Supplement	So THAT'S How Babies Are Made	SH.5.CC.1/SH.5.CC.2
5	Supplement	It's All About Hormones	PD.5.CC.3/PD.5.CC.4
<b>MIDDLE SCHOOL</b>			
6	Lesson 1	Change is Good	PD.8.CC.1/PD.8.AI.1
6	Lesson 2	Gender Roles, Gender Expectations	ID.8.CC.2
6	Lesson 3	Understanding Boundaries	HR.8.IC.2/PS.8.CC.3/ PS.8.CC.4
6	Lesson 4	Communicating about a Sensitive Topic	PR.8.IC.1
6	Lesson 5	More Than Friends: Understanding Romantic Relationships	HR.8.CC.3
6	Lesson 6	Liking and Loving: Now and When I'm Older	PR.8.CC.1/PR.8.CC.2/HR.8.CC.4
6	Lesson 7	Being A Sex Ed Sleuth	AP.8.AI.1/PR.8.AI.1/ PR.8.AI.3/SH.AI.1
6	Supplement	Consent: It Goes With Everything	SHR.8.CC.4/CHR.8.INF.3
6	Supplement	Image Overload	SH.8.CC.12
6	Supplement	When Should A Person . . .	SH.8.DM.1
7	Lesson 1	Everyone's Got Body Parts - Part One	AP.8.CC.1
7	Lesson 2	Everyone's Got Body Parts - Part Two	AP.8.CC.1
7	Lesson 3	Reproduction Basics	PR.8.CC.1
7	Lesson 4	Great Expectations: Signs and Symptoms of Pregnancy	PR.8.CC.5/PR.8.CC.6
7	Lesson 5	Protecting Your Health: Understanding and Preventing STDs	SH.8.CC.1/SH.8.CC.2/SH.8.CC.3
7	Lesson 6	I Am Who I Am	ID.8.CC.1/ID.8.IC.1
7	Lesson 7	Blue is for Boys, Pink is for Girls...Or Are They?	ID.8.INF.1
7	Lesson 8	Making SMART Choices	PD.8.DM.1/PR.8.DM.1
7	Lesson 9	Let's Talk about Sex	PR.8.IC.2/SH.8.IC.1
7	Lesson 10	Being the Change You Want to See in the World	PS.8.SM.1/PS.8.ADV.1
7	Lesson 11	Being Smart, Staying Safe Online	HR.8.SM.2/HR.8.GS.1
7	Supplement	Harassment Prevention - The Basics	IV.8.SM.1
7	Supplement	Pre-Law	SH.8.INF.2/SH.8.CC.10
7	Supplement	Preparation is Prevention	SH.8.CC.8/SH.8.CC.9
7	Supplement	Trafficking	IV.8.CC.3/IV.8.INF.1
7	Supplement	So Attractive	SO.8.INF.1/SO.8.IC.1

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Grade	Sequence	Lesson Title	NSES Indicator
8	Lesson 1	Creating a Safe School: Celebrating All	ID.8.AI.1/ID.8.ADV.1/ PS.8.SM.2
8	Lesson 2	The World Around Me	PD.8.INF.1/PR.8.INF.1/SH.8.INF.1/HR.8.INF.1
8	Lesson 3	Healthy or Unhealthy Relationships?	HR.8.CC.1/HR.8.SM.1/HR.8.CC.2
8	Lesson 4	Choose Your Words Carefully	HR.8.IC.1/HR.8.IC.3
8	Lesson 5	We Need to Talk	PR.8.IC.2/SH.8.IC.1
8	Lesson 6	Talking without Speaking: The Role of Texting In Relationships	HR.8.CC.5/HR.8.INF.2
8	Lesson 7	Warning Signs: Understanding Sexual Abuse and Assault	PS.8.CC.1/PS.8.AI.1/ PS.8.IC.1/PS.8.CC.2
8	Lesson 8	Birth Control Basics	PR.8.CC.3/PR.8.CC.4/ PR.8.AI.2
8	Lesson 9	Using Condoms Effectively	PR.8.SM.1/SH.8.SM.1
8	Lesson 10	STD Basics: Reducing Your Risks	SH.8.GS.1/SH.8.AI.2
8	Supplement	Breaking Up is Hard to Do	CHR.8.INF.1/CHR.8.SM.1
8	Supplement	What's Racism Got to Do with It?	SH.8.CC.11
8	Supplement	Pregnancy Basics	SH.8.CC.4/SH.10.CC.4

### HIGH SCHOOL

*\*Supplemental lessons are listed in full at the end of the High School section*

9	Lesson 1	They Love Me . . . They Love Me Not . . .	HR.12.CC.1/PS.12.INF.1
9	Lesson 2	How Well Do I Communicate with Others?	PR.12.IC.1
9	Lesson 3	It Wasn't My Fault	PS.12.AI.1/PS.12.IC.1/PS.12.AI.2/PS.12.CC.4
9	Lesson 4	Sexual Orientation, Behavior & Identity	ID.12.CC.2
9	Lesson 6	Decisions, Decisions	PD.12.DM.1/PR.12.DM.1/SH.12.DM.1
9	Lesson 7	Sexual Decision Making	PR.12.INF.1/HR.12.CC.2/HR.12.IC.2/ HR.12.SM.1
9	Lesson 8	Planning and Protection: Avoiding or Managing STDs	SH.12.INF.1/SH.12.GS.1
9	Lesson 9	What If . . . ?	PR.12.CC.4/PR.12.CC.5/PR.12.INF.2/PR.12.INF. .3/PR.12.AI.3/PR.12.AI.4
9	Lesson 10	STD Smarts	SH.12.CC.1/SH.12.CC.2/SH.12.AI.2
9	Lesson 11	Creating Condom Confidence	PR.12.SM.1/SH.12.SM.2

10	Lesson 1	Rights Respect Responsibility	HR.12.CC.3/HR.12.INF.2/PS.12.CC.3
10	Lesson 2	Know Your Options	PR.12.CC.1/PR.12.CC.2
10	Lesson 3	We All Have Rights	PR.12.CC.3/SH.12.CC.3
10	Lesson 4	Let Me Tell You	SH.12.INF.1/SH.12.IC.1
10	Lesson 5	Using Technology Respectfully and Responsibly	HR.12.CC.4/HR.12.SM.2

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Grade	Sequence	Lesson Title	NSES Indicator
10	Lesson 6	Our Space, Safe Space	ID.12.SM.1/ID.12.ADV.1/PS.12.ADV.1
10	Lesson 7	Trust It or Trash It? Finding Accurate Sex Ed Info	PR.12.AI.1/PR.12.AI.2
11	Lesson 1	How Do You See Me?	PD.12.INF.1
11	Lesson 2	My Boundaries	HR.12.IC.2/HR.12.SM.1
11	Lesson 3	Is It Abuse If?	HR.12.IC.1/PS.12.CC.1/PS.12.IC.2
11	Lesson 4	Wanted Qualified Parent	PR.12.DM.2
11	Lesson 5	Gender and Sexual Orientation: Understanding the Difference	ID.12.CC.1/ID.12.INF.1
12	Lesson 1	What are My Reproductive Rights?	PR.12.CC.6
12	Lesson 2	My Life, My Decisions	PD.12.CC.1/PR.12.INF.1
12	Lesson 3	Sexual Rights: Who Decides?	PS.12.CC.2/PS.12.INF.2
12	Lesson 4	Getting Savvy about STD Testing	SH.12.SM.1/SH.12.ADV.1
High School	Supplement	Reproductive Justice: Past, Present and Future	SH.10.CC.6
High School	Supplement	Sexual Agency, Represent!	SH.12.INF.5
High School	Supplement	The Impact of Racism and Inequality on Sexual Health	SH.10.INF.1
High School	Supplement	Unhealthy Relationships - Plan for Safety	CHR.10.DM.1
High School	Supplement	Not Made for TV	CHR.12.CC.1
High School	Supplement	Power and Privilege	CHR.12.INF.3/CHR.12.INF.4
High School	Supplement	Advocate Graduate	IV.12.ADV.1/
High School	Supplement	Influencers for Life	SO.10.INF.1
High School	Supplement	Sexual Orientation Facts and Info: Finding and Assessing Credible Sources Online	SO.10.AI.1/SO.12.INF.1
High School	Supplement	Sex Trafficking	IV.10.CC.4/IV.10.IC.2/IV.10.AI.2
High School	Supplement	Healthy Living: Prevention & Treatment	SH.10.GS.2/SH.12.CC.1/SH.12.CC.2
High School	Supplement	Consent, Sexting and the Law	SH.10.INF.3/SH.12.INF.4
High School	Supplement	Making the Unconscious Conscious: Impacts of Stigma & Bias	SH.12.INF.3/SH.12.INF.3/SH.12.GS.1

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