

Virtual Professional Development for Educators & Clinicians

Districts and health care organizations can supplement in-person trainings with online, on-demand practice in the virtual classroom or clinic simulator designed to help professionals rehearse and refine a variety of skills needed to effectively teach sex education or provide sexual health care to teens. Advocates for Youth offers the following sex education core skills for practice:

 **RACIAL JUSTICE SCENARIOS**

 **SEX EDUCATION SCENARIOS**

 **HEALTH CARE TOPICS**

 **PARENT CONCERNS**

NEW RACIAL JUSTICE ONLINE WORKSHOPS Available for Free, Each 30-45min	ELIGIBLE FOR:	SKILLS MODULE Available for a Fee, High School Grades Only
Addressing the Impact of Racism on Sexual Health Outcomes	→	Impact of Racism on Sexual Health Outcomes or Social Determinants of Health
Addressing Racial Justice When Teaching Sex Ed	→	Defining Racial Justice
Addressing Race and Racism When Teaching Sex Ed	→	Defining Racism
Addressing Reproductive Justice When Teaching Sex Ed	→	Defining Reproductive Justice
Addressing White Privilege When Teaching Sex Ed	→	Defining White Privilege
Implicit and Explicit Bias	→	Adapting Lessons Using a Racial Justice Lens
Internalized Racism and Sex Ed	→	Supporting Teachers to use a Racial Justice Lens
Intersectionality and Sex Ed	→	Addressing Race and Racism on Sexual Health Outcomes
		Defining Intersectionality When Teaching Sex Ed
Racial Microaggressions in Sex Ed	→	Effectively Addressing Microaggressions
Strategies for Dismantling White Supremacy	→	Creating Youth Centered Group Agreements

Lower Elementary School Scenarios Now Available!

SEX EDUCATION SCENARIOS	HIGH	MIDDLE	UPPER ELEM	LOWER ELEM
Adapting Lessons for Multiple Intelligences When Teaching Sex Education	X	X	X	
Adapting Lessons for Students Who Are LGBTQ+	X	X		
Adapting Lessons for Students Who Are Transgender and Gender Expansive	X	X		
Affirming Diverse Families When Teaching Family Life				X New!
Answering Difficult Questions When Teaching Sex Education	X	X	X	
Building Rapport with Students When Teaching Sex Ed	X	X	X	
Climate Setting When Teaching Sex Education	X	X	X	
Conducting Effective Condom Demonstrations	X	X		
Creating Inclusive Classrooms for Students Who Are LGBTQ+	X	X	X	
Creating Inclusive Classrooms for Students Who Are Transgender and Gender Expansive	X	X	X	
Culturally Responsive Instruction When Teaching Sex Education	X	X		
Managing Personal Boundaries and Disclosure	X	X		
Personal Comfort When Teaching Sex Education	X	X	X	
Responding Effectively When Students Touch Their Genitals				X New!
Responding to Diverse Student Values When Teaching Sex Education	X	X	X	
Responding to Parents with Concerns about Sex Education	X	X	X	
Tailoring Lessons to Meet Age and Developmental Levels	X	X		
Teaching About Bodily Autonomy and Boundaries				X New!
Trauma-Informed Sex Ed	X	X	X	
Using Correct Names for Bodies When Teaching Family Life				X New!
Using Medically Accurate Terms When Teaching Sex Education	X	X	X	

SCENARIOS FOR CLINICIANS PROVIDING SEXUAL HEALTH CARE

Taking an Effective Sexual Health History with an Unengaged Teen Patient

Taking an Inclusive and Effective Sexual Health History with an Engaged Teen Patient

Using Inclusive Language When Talking About Sexual Behaviors with a Teen Patient

SCENARIOS FOR PARENT CONCERNS	HIGH	MIDDLE	UPPER ELEM
Addressing Parent Concerns	9th Grade	7th Grade	5th Grade

Research has shown that each learner needs three 10-minute practice sessions per skill in the simulator. Advocates provides learners with an instructional coach to offer real-time feedback in the classroom simulator and/or to provide on-going technical assistance and follow-up support. Additionally, the simulator can be used by learners individually, or with groups of up to three people. There is greater impact if learners rehearse their skills individually, but for large districts and/or limited budgets, learners can be grouped into trios to rehearse the same skill and observe their colleagues' rehearsal as well.

ADVOCATES FOR YOUTH TRAINING & SUPPORT MENU

The cost of the VPD simulator includes:

1. One hour access to the simulator
2. Personalized coaching from an expert sex educator
3. Specific and tailored VPD experience based on skill level

For the racial justice scenarios, special pricing exists for learners who complete the free e-learning modules prior to Virtual PD. Please ask for details.

\$300 PER HOUR
FOR 1- 5 HOURS

\$275 PER HOUR
FOR 6 - 10 HOURS

\$250 PER HOUR
FOR 11+ HOURS