Young.
Powerful.
Taking Over.



Virtual Professional Development for Educators & Clinicians

Districts and health care organizations can supplement in-person training with online, on-demand practice in the virtual classroom or clinic simulator designed to help professionals rehearse and refine a variety of skills needed to effectively teach sex education or provide sexual health care to teens. Advocates for Youth offers the follow sex education core skills for practice:

NEW Racial Justice Scenarios – Requires Completion of Online E- Learning Course(s) Available for Free Through Advocates for Youth	High	Middle	Lower Elem	Upper Elem
Addressing Race and Racism When Teaching Sex Ed	Х			
2. Addressing White Privilege When Teaching Sex Ed	Х			
3. Addressing the Impact of Racism on Sexual Health Outcomes	Х			
4. Addressing Racial Justice When Teaching Sex Ed	Х			
5. Addressing Reproductive Justice When Teaching Sex Ed	Х			
NEW Scenarios for Teaching Family Life in Lower Elementary – Now Avai	ilable			
6. Using Correct Names for Bodies When Teaching Family Life			Χ	
7. Teaching About Bodily Autonomy and Boundaries			Χ	
8. Affirming Diverse Families When Teaching Family Life			Χ	
9. Responding Effectively When Students Touch Their Genitals			Χ	
10. Creating Inclusive Classrooms for Students Who Are LGBQ+	Х	X		X
11. Creating Inclusive Classrooms for Students Who Are	Х	Χ		Х
Transgender and Gender Expansive				
12. Answering Difficult Questions When Teaching Sex Education	Х	Χ		X
13. Personal Comfort When Teaching Sex Education	Х	X		X
14. Adapting Lessons for Multiple Intelligences When Teaching Sex Education	X	Х		Х
15. Responding to Diverse Student Values When Teaching Sex Education	Х	Х		
16. Managing Personal Boundaries and Disclosure	X	Х		
17. Conducting Effective Condom Demonstrations	X	X		
18. Adapting Lessons for Students Who Are LGBQ+	X	X		
19. Adapting Lessons for Students Who Are Transgender and	X	X		
Gender Expansive	_ ^	^		
20. Culturally Responsive Instruction When Teaching Sex Education	Х	Х		
21. Using Medically Accurate Terms When Teaching Sex Education	Х	Х		Х
22. Building Rapport with Students When Teaching Sex Ed	Х	Х		Х
23. Tailoring Lessons to Meet Age and Developmental Levels	X	X		
24. Trauma-Informed Sex Ed	X	X		Х
25. Climate Setting When Teaching Sex Education	X	X		X
26. Responding to Parents with Concerns about Sex Education	X	X		X



NEW Scenarios for Clinicians Providing Sexual Health Care

- 1. Taking an Effective Sexual Health History with an Unengaged Teen Patient
- 2. Taking an Inclusive and Effective Sexual Health History with an Engaged Teen Patient
- 3. Using Inclusive Language When Talking About Sexual Behaviors with a Teen Patient

Research has shown that each educator needs three 10-minute practice sessions per skill in the simulator. Advocates can provide an instructional coach to offer real-time feedback in the classroom simulator and/or to provide on-going technical assistance and follow-up support. Additionally, educators can use the simulator individually or in trios. There is greater impact if educators rehearse their skills individually, but for large districts and/or limited budgets, teachers can be grouped into trios to rehearse the same skill and observe their colleagues' rehearsal as well.

Advocates for Youth Training & Support Menu	
Hourly rate for utilizing the virtual classroom that includes an expert sexuality educator who can provide feedback and coaching for participants along with facilitating the session.	\$300 per hour up to 10hr \$275 for 11-20 hours \$250 for more than 20 hours
For the racial justice scenarios, special pricing exists for learners who complete the free e-learning modules prior to Virtual PD. Please ask for details.	