

Virtual Professional Development for Educators & Clinicians

Districts and health care organizations can supplement in-person training with online, on-demand practice in the virtual classroom or clinic simulator designed to help professionals rehearse and refine a variety of skills needed to effectively teach sex education or provide sexual health care to teens. Advocates for Youth offers the follow sex education core skills for practice:

	High	Middle	Elementary
1. Creating Inclusive Classrooms for Students Who Are LGBTQ+	X	X	X
2. Creating Inclusive Classrooms for Students Who Are Transgender and Gender Expansive	X	X	X
3. Answering Difficult Questions When Teaching Sex Education	X	X	X
4. Personal Comfort When Teaching Sex Education	X	X	X
5. Responding to Diverse Student Values When Teaching Sex Education	X	X	
6. Managing Personal Boundaries and Disclosure	X	X	
7. Conducting Effective Condom Demonstrations	X	X	
8. Adapting Lessons for Students Who Are LGBTQ+	X	X	
9. Adapting Lessons for Students Who Are Transgender and Gender Expansive	X	X	
10. Culturally Responsive Instruction When Teaching Sex Education	X	X	
11. Using Medically Accurate Terms When Teaching Sex Education	X	X	X
12. Building Rapport with Students When Teaching Sex Ed	X	X	X
13. Tailoring Lessons to Meet Age and Developmental Levels	X	X	
14. Trauma-Informed Sex Ed	X	X	
15. Adapting Lessons for Multiple Intelligences When Teaching Sex Education	X	X	X
16. Climate Setting When Teaching Sex Education	X	X	X
17. Responding to Parents with Concerns about Sex Education	X	X	X

NEW Scenarios for Clinicians Providing Sexual Health Care

1. Taking an Effective Sexual Health History with an Unengaged Teen Patient
2. Taking an Inclusive and Effective Sexual Health History with an Engaged Teen Patient
3. Using Inclusive Language When Talking About Sexual Behaviors with a Teen Patient

Research has shown that each educator needs three 10-minute practice sessions per skill in the simulator. Advocates can provide an instructional coach to offer real-time feedback in the classroom simulator and/or to provide on-going technical assistance and follow-up support. Additionally, educators can use the simulator individually or in trios. There is greater impact if educators rehearse their skills individually, but for

large districts and/or limited budgets, teachers can be grouped into trios to rehearse the same skill and observe their colleagues' rehearsal as well.

Advocates for Youth Training & Support Menu	
Hourly rate for utilizing the virtual classroom that includes an expert sexuality educator who can provide feedback and coaching for participants along with facilitating the session.	\$300 per hour up to 10hr \$275 for 11-20 hours \$250 for more than 20 hours